

Rainbow

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Count: 48

Wall: 2

Level: Intermediate NC2

Choreographer: Jessica Boström & Katja Grahn (Nov 2014)

Music: Sanna Nielsen - Rainbow

(Start after 16 counts, 12 secs in)

(1-8) Walk x 2. Mambo with a Sweep. Behind. Side. Cross. Rock & Cross.

1-2 Walk forward Right & Left.

3&4 Rock forward on Right. Recover on Left. Step back on Right, sweeping Left from front to back.

5&6 Cross Left behind Right. Step Right to Right Side. Cross Left over Right.

7&8 Rock Right to Right Side. Recover on Left. Cross Right over Left. (12.00)

(9-16) ¼ Turn Right. ½ Turn Right. Step. Mambo Step Forward. Run Run Run. ¼ Turn Right with Sway. Sway.

1&2¼ Turn Right Stepping back on Left. ½ Turn Right Step Forward on Right. Step Forward on Left.

3&4 Rock forward on Right. Recover on Left. Step back on Right.

5&6 Run back - Left, Right, Left.

7-8¼ Turn Right and Sway Right. Sway Left. (12.00)

(17-25) ¼ Turn Right & Sweep. Cross. Side Behind & Sweep. Behind. Turn ¼ Left. Step. ½. ½ . Step. ½. ½. ¼.

1¼ Turn Right Stepping forward on Right, sweeping Left around from back to front.

2&3 Cross Left over Right. Step Right to Right Side. Step Left Behind Right as you sweep Right from front to back.

4&5 Cross Right Behind Left. ¼ Turn Left Step Forward on Left. Step Forward on Right.

6&7½ Turn Right Step Back on Left. ½ Turn Right Step Forward on Right. Step Forward on Left. (T2)

8&1½ Turn Left Step Back on Right. ½ Turn Left Step Forward on Left. ¼ Turn Left Step Right to Right Side. (9.00)

(26-32) Back Rock, $\frac{1}{4}$, $\frac{1}{4}$ & Sweep. Side. Cross. Side. Behind. Side. Cross. Unwind $\frac{3}{8}$ Turn Right.

- 2&3** Rock Back on Left. Recover on Right. $\frac{1}{4}$ Turn Right Stepping Back on Left, sweep Right in to another $\frac{1}{4}$ Right (weight still on Left). (3.00)
- 4&5** Step Right to Right Side. Cross Left over Right. Step Right to Right Side.
- 6&7** Cross Left Behind Right. Step Right to Right Side. Cross Left over Right.
- 8** Unwind $\frac{3}{8}$ Turn Right (weight on Right). (7.30)

(33-41) $\frac{1}{2}$ Turn Left & Sweep. Cross. Back. Back. Back. Side. Cross. Cross. Side. Back. Back. Side. Cross. (Diamond sequence)

$1\frac{1}{2}$ Turn Left Step Forward on Left as you Sweep Right from Back to Front. (1.30)

- 2&3** Cross Right over Left. Step Back on Left. Step Back on Right. (1.30)
- 4&5** Step Back on Left. $\frac{1}{8}$ Turn Right Step Right to Right Side. $\frac{1}{8}$ Turn Right Crossing Left over Right. (4.30)

6&7 $\frac{1}{8}$ Turn Right Crossing Right over Left. Step Left to Left Side. $\frac{1}{8}$ Turn Right Stepping Back on Right. (7.30)

- 8&1** Step Back on Left. $\frac{1}{8}$ Turn Right Stepping Right to Right Side. $\frac{1}{8}$ Turn Right Crossing Left over Right. (10.30)

(42-48&) Step. $\frac{3}{8}$ Turn Left. Step a $\frac{1}{4}$ Right. Ball Step with a $\frac{1}{4}$ Right. Ball Step with a $\frac{1}{4}$ Right. Step. $\frac{1}{2}$. $\frac{1}{4}$. Touch.

- 2-3** Step forward on Right. $\frac{3}{8}$ Turn Left, weight on Left. (6.00) (T1)

$4\frac{1}{4}$ Turn Right Step Forward on Right.

- &5&6** Step Left Together. $\frac{1}{4}$ Turn Right Step Forward on Right. Step Left Together. $\frac{1}{4}$ Turn Right Step Forward on Right.
- 7&8&** Step Forward on Left. $\frac{1}{2}$ Turn Left Step Back on Right. $\frac{1}{4}$ Turn Left Step Left to Left Side. Touch Right Beside Left (6.00)

Start Again

Taglets & Restarts: Wall 2 dance up to count 43 then add touch right beside left on count 44, start from beginning (T1).

Wall 5 dance up to count 23 then add touch right beside left on count 24, start from beginning (T2).

Both Restarts facing 12.00.

Ending: After count 28 step left forward against 12.00 to end dance facing front wall.

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