

# LONELY LADY

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**Count:** 66

**Wall:** 4

**Level:** Intermediate / Advanced

**Choreographer:** Jan Wyllie

**Music:** A Woman Gets Lonely by Lisa Angelle

- 1-2&3-4** Rock/step forward on right, rock back on left, step right beside left, step forward on left, pivot  $\frac{1}{2}$  right (weight right)
- 5-6&7-8** Rock/step forward on left, rock back on right, step left beside right, step forward on right, pivot  $\frac{1}{2}$  left (weight left)
- 9-10-11-12** Step back on right, making  $\frac{1}{2}$  left step forward on left, rock/step forward on right, rock back on left
- 13-14** Make a full turn right back over right shoulder stepping right, left
- 15&16** Make a further  $\frac{1}{4}$  turn right shuffle slightly to the right (right, left, right)
- 17-18-19&20** Rock/step forward on left, rock back on right, shuffle back left, right, left
- 21-22-23&24** Rock/step back on right, rock forward on left, shuffle forward right, left, right while making  $\frac{1}{2}$  turn left
- 25-26-27&28** Rock/step back on left, rock forward on right, shuffle forward left, right, left while making  $\frac{1}{2}$  turn right
- 29-30-31-32** Rock/step back on right, rock forward on left, step forward on right, pivot  $\frac{1}{4}$  left transferring weight to left
- 33-34** Step forward on right, tap left behind right
- &35&36** Step back on left, tap right heel forward, step forward on right, tap left behind right (heel jack)
- &37-38** Step back on left, tap right heel forward, tap right heel forward
- &39-40** Step right beside left, step forward on left, pivot  $\frac{1}{4}$  right transferring weight to right

- 41&42&** Step left over right, step right to right, step left over right, step right to right (cross shuffle)
- 43-44&** Cross/ rock left over right, rock back on right, step left slightly left
- 45-46&** Cross/rock right over left, rock back on left, step right slightly right
- 47-48** Step forward on left, pivot  $\frac{1}{2}$  right transferring weight to right
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- 49-50-51-52** Walk forward left, right, rock/step left to left, step right to right and slightly back
- 53&54** Step left across right, step back on right at right diagonal, step left to left diagonal
- 55&56** Step right across left, step back on left at left diagonal, step right to right diagonal
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- 57&58** Step left across right, step back on right at right diagonal, step left to left diagonal
- 59-60** Step forward on right, pivot  $\frac{1}{2}$  left transferring weight to left
- 61-62** Rock weight back on right, making  $\frac{1}{2}$  turn left back over left shoulder step forward on left
- 63&64** Shuffle forward right, left, right
- 65&66** Shuffle forward left, right, left

**REPEAT**

**RESTART**

**On the 2nd wall, just dance up to the cross rock at count 44& and start the dance again.**