

# One Go Round

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Billie Timmerman and Heather Jacobson (2015)

**Music:** "One Go Round" by Mitch Gordon and the Unleaded Band

## #16 count intro

### TRIPLE FORWARD, ROCK, RECOVER, TRIPLE BACK, ROCK, RECOVER

- 1&2**            Step R forward (1), Step L next to R (&), Step R forward (2)
- 3-4**            Rock forward on L (3), Recover back to R (4)
- 5&6**            Step L backward (5), Step R next to L (&), Step L backward (6)
- 7-8**            Rock back on R (7), Recover back on L (8) (12:00)

### TRIPLE R, ROCK, RECOVER, TRIPLE L, ROCK RECOVER

- 1&2**            Step R to R (1), Step L next to R (7), Step R to R (2)
- 3-4**            Rock L back (3), Recover onto R (4)
- 5&6**            Step L to L (5), Step R next to L (7), Step L to L (6)
- 7-8**            Rock back on R (7), Recover onto L (8) (12:00)

### THREE STEP TURN, CLAP, HEEL HEEL PIVOT TURN

- 1-2**            Step R to R (1), Turn  $\frac{1}{2}$  L, stepping L to L (2) (6:00)
- 3-4**            Turn  $\frac{1}{4}$  L,, on ball of L, touching R next to L (3), Hold with clap (4) (3:00)
- 5&6&**            Touch R heel forward (5), Step R next to L (&), Touch L heel forward (6), Step L next to R (3:00)
- 7-8**            Step R forward (7), Pivot  $\frac{1}{2}$  L, stepping L in place (8) (9:00)

### HEEL, HEEL, PIVOT TURN, $\frac{1}{4}$ STEP TURN X2

- 1&2&**            Touch R heel forward (1), Step R next to L (7), Touch L heel forward (3), Step L next to R (&) (9:00)
- 3-4**            Step R forward (3), Pivot  $\frac{1}{2}$  L, stepping L in place (3) (3:00)
- 5-6**            Step R to R (5), Pivot  $\frac{1}{4}$  L, stepping L to L(12:00)
- 7-8**            Step R to R (7), Pivot  $\frac{1}{4}$  L, stepping L to L (9:00)

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