

# Leaving On Monday

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**Count:** 64      **Wall:** 2      **Level:** Improver

**Choreographer:** Sadiyah Heggernes (NO) April 2010

**Music:** 'Monday Morning', Melanie Fiona, CD, 'The Bridge' (90 bpm)

## 8 Count Intro - Start after claps

### Section 1: Side, Hold, Cross, Hold, Side, Together, ¼ Turn, Step, Hold

- 1-2      Step right to side. Hold
- 3-4      Cross left behind right. Hold
- 5-6      Step right to side. Close left beside right
- 7-8      Make ¼ turn right stepping forward on right. Hold 3.00

### Section 2: Out, Hold, Out, Hold, Coaster Step, Hold

- 1-2      Step out on left to side. Hold
- 3-4      Step out on right to side. Hold
- 5-8      Step back on left. Step right beside left. Step forward on left. Hold

### Section 3: Step, Hold, ½ Turn, Step, Hold, Kick Ball Step, Hold

- 1-2      Step forward on right. Hold
- 3-4      Make ½ turn left stepping forward on left. Hold 9.00
- 5-6      Kick forward on right. Step right beside left
- 7-8      Step forward on left. Hold

### Section 4: Cross, Hold, Back, Side, Cross, Hold, Back, Side

- 1-2      Cross right over left. Hold
- 3-4      Step back left. Step right to side
- 5-6      Cross left over right. Hold
- 7-8      Step back on right. Step left to side

### Section 5: Step, Hold, Point, Hold, Sailor ¼ Turn, Hold

- 1-2      Step forward on right. Hold
- 3-4      Point left to side. Hold

**5-8** Cross left behind right making  $\frac{1}{4}$  turn left. Step right beside left. Step forward On left. Hold.  
6.00

### **Section 6: Step, Hold, Point, Hold, Sailor $\frac{1}{4}$ Turn, Hold**

**1-2** Step forward on right. Hold

**3-4** Point left to side. Hold

**5-8** Cross left behind right making  $\frac{1}{4}$  turn left. Step right beside left. Step forward On left. Hold.  
3.00

### **Section 7: Step, Lock, Step, Hold, Rock Forward, Recover, $\frac{1}{4}$ Turn, Side, Hold**

**1-2** Step forward on right. Lock left behind right

**3-4** Step forward on right. Hold

**5-6** Rock forward on left. Recover onto right

**7-8** Make  $\frac{1}{4}$  turn left stepping left to side. Hold 12.00

### **Section 8: Step, Hold, $\frac{1}{2}$ Turn, Step, Hold, Kick Ball Step, Hold**

**1-2** Step forward on right. Hold

**3-4** Make  $\frac{1}{2}$  turn left stepping forward on left. Hold 6.00

**5-6** Kick forward on right. Step right beside left

**7-8** Step forward on left. Hold