

# Lonely Again

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Neville Fitzgerald & Julie Harris (Aug 2011)

**Music:** Lonely Again (Ne-Yo)

## Starts on Vocal (32 Counts).

### Side, Behind 1/8 Rock Step, 1/2, 1/2. 1/2, Step, Step 1/2 Step.

- 1-2&** Step Left to Left side, cross step Right behind Left, step Left to Left side.
- 3-4** Make 1/8 turn to Left rocking forward on Right, recover on Left. (10:30)
- &5** Make 1/2 turn to Right stepping forward on Right, 1/2 turn to Right stepping back on Left. (10:30)

### 6-7 1/2 turn to Right stepping forward on Right, step forward on Left. (4:30)

- 8&1** Step forward on Right, pivot 1/2 turn to Left, step forward on Right. (10:30)

### Rock Forward & Back & Step, Rock Step, Sailor 5/8 Cross, Tap, Tap, Side.

- 2&3** Rock forward on Left, recover on Right, rock back on Left.
- &4** Recover on Right, step forward on Left.
- &5** Rock forward on Right, recover back on Left. (10:30)
- 6&7** Make 1/4 turn to Right stepping Right behind Left, 1/4 turn Right stepping Left next to Right, 1/8 turn Right cross stepping Right over Left. (6:00)
- 8&1** Tap Left toe to Left side, tap Left next to Right, take large step to Left on Left. \*\*R\*\*

### Rock & Side, Cross 1/4 Side, Heel Grind 1/4, Coaster Step.

- 2&3** Cross rock Right behind Left, recover on Left, step Right to Right side.
- 4&5** Cross Left over Right, make 1/4 turn to Left stepping back on Right, step Left to Left side. (3:00)
- 6&** Step Right heel forward grinding it to Right, make 1/4 turn to Right stepping back on left. (6:00)
- 7&8** Step back on Right, step Left next to Right, step forward on Right.

### Heel Grind 1/4, Sailor 1/2 Cross, Rock & Cross, 1/4, 1/2, 1/4 Chasse.

- &1** Step Left heel forward grinding it to Left, make 1/4 turn to Left stepping back on Right.  
(3:00)
- 2&3** Make 1/4 turn to Left cross stepping Left behind Right, step Right next to Left. 1/4 turn to Left cross stepping Left over Right. (9:00)
- 4&5** Rock to Right side on Right, recover on Left, cross step Right over Left.
- 6-7** Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right.
- 8&(1)1/4 turn to Right to stepping Left to Left side, step Right next to Left, (step Left to Left side).**

**\*\*R\*\* Restart: Wall 2, Wall 6, Wall 10**

**Dance up to & including Count 16&.. Then Restart dance from beginning.. Count 1.**