

# Pump It Up, Pump It Up

LINEDANCE.COM

**Count:** 48      **Wall:** 2      **Level:** Improver

**Choreographer:** Val Saari (Canada, June 2018)

**Music:** Pump It Up - Elvis Costello and the Attractions, iTunes (3:17)

## ROCKING CHAIR X 2

- 1-2      Rock Rf forward, Recover LF
- 3-4      Rock RF back, Recover LF
- 5-6      Rock RF forward, Recover LF
- 7-8      Rock RF back, Recover LF

## CROSS-ROCK & CHASSE R, L, PIVOT 1/4 L

- 1-2      Cross RF over L, Recover LF
- 3&4      Step RF right, Step LF beside R, Step RF right
- 5-6      Cross LF over R, Recover RF
- 7&8      Step LF left, Step RF beside L, Step LF 1/4 Pivot L

## ROCKING CHAIR X 2

- 1-2      Rock Rf forward, Recover LF
- 3-4      Rock RF back, Recover LF
- 5-6      Rock RF forward, Recover LF
- 7-8      Rock RF back, Recover LF

## CROSS-ROCK & CHASSE R, L, PIVOT 1/4 L

- 1-2      Cross RF over L, Recover LF
- 3&4      Step RF right, Step LF beside R, Step RF right
- 5-6      Cross LF over R, Recover RF
- 7&8      Step LF left, Step RF beside L, Step LF 1/4 Pivot L

## WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH

- 1-2      Walk forward, RF, LF
- 3-4      Walk forward RF, Kick LF forward
- 5-6      Step back, LF, RF

**7-8** Step back LF, Touch RF beside L

**SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH**

**1-4** Step RF right, Step LF together, Step RF right, Touch LF beside R

**5-8** Step LF left, Step RF together, Step LF left, Touch RF beside L

**REPEAT - No Tags, No Restarts**

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