

Keep on Up

LINEDANCE.COM

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Jo "Funky" Conroy

Music: Up by the Saturdays

Step Twist Twist, Kick Ball Change, Step pivot $\frac{1}{4}$, Step

- 1-2 Step R foot fwd, Twist both heels to the Right (bending both Knees)
- 3 Twist Both Heels to centre
- 4&5 Right Kick Ball Change
- 6-7 Step fwd on Right, Pivot $\frac{1}{4}$ turn Left
- 8 Step Fwd on Right

Pivot $\frac{1}{4}$ Left, Cross, Side, R Sailor & Kick & Cross, Hold Ball Cross

- 1-2 Turn $\frac{1}{4}$ Left, Cross Right Foot over left
- 3 Step Side on Left
- 4&5 Right Sailor & Right Kick
- &6 Step down on to Right & Cross left Over Right
- 7 Hold for one count
- &8 & Step Right to Right Side & Cross left over Right

Step, Left Sailor $\frac{1}{4}$ turn left & Right Sailor $\frac{1}{4}$ turn Left, Left sailor $\frac{1}{4}$ turn Left & Turn Step

- 1 Step right to Right Side,
- 2&3 Left Sailor $\frac{1}{4}$ turn Left
- 4&5 Right Sailor Step in place
- 6&7 Left Sailor $\frac{1}{4}$ Turn Left
- &8 Cross Right Behind Left, & $\frac{1}{4}$ Turn Left stepping on to left Foot

Step Pivot $\frac{1}{2}$ Turn Left x 2, Jazz Box

- 1-2 Step Right Foot fwd, Turn $\frac{1}{2}$ Turn Left,
- 3-4 Step right Foot Fwd, Turn $\frac{1}{2}$ turn Left
- 5-6 Cross Right over left, step Left foot back

7-8 Step Right foot to Right Side, Step left foot fwd

Tag Repeat last 8 Counts facing 9, 0clock on the 9th wall, start the dance again from the top.

Big Finish:

On the last wall facing 3 0clock instead of the Jazz box cross Right over left and

Unwind to face the front.

Enjoy Keep it Funky

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=77077