

PONY UP

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Count: 64 **Wall:** 1 **Level:** contra dance

Choreographer: Norman Gifford

Music: I Want To Be A Cowboy's Sweetheart by Suzy Bogguss

GILLY, TRIPLE STEP, GILLY, TRIPLE STEP

- 1-2 Right toe touch by instep; right heel touch beside instep (toe out)
- 3&4 Triple step in place (right-left-right)
- 5-6 Left toe touch by instep; left heel touch beside instep (toe out)
- 7&8 Triple step in place (left-right-left)

SHUFFLE STEP FORWARD, STEP FORWARD, SHUFFLE BACK, COASTER STEP

- 1&2 Right shuffle step forward (right-left-right)
- 3-4 Left step forward; slap hands with person across from you
- 5&6 Right shuffle step back (right-left-right)
- 7&8 Left step back; right together; left step forward

KICK BALL-CHANGES, ½ PIVOT TURNS

- 1&2 Right kick forward; right step together; left step together
- 3&4 Repeat 1&2
- 5-6 Right step forward; turn ½ left and step forward on left
- 7-8 Repeat 5-6

GRAPEVINE RIGHT, CLAP, ROLLING TURN LEFT, CLAP

- 1-4 Right step side; left cross behind; right step side; left touch with clap
- 5-7 Left step side; right step swivel full turn left; step on left
- 8 Right toe touch together with clap

SHUFFLE STEPS FORWARD, PIVOT TURN

- 1&2 Right shuffle step forward (right-left-right)
- 3&4 Left shuffle step forward (left-right-left)
- 5&6 Right shuffle step forward (right-left-right)
- 7-8 Left step forward; turn ½ right and step forward on right

SHUFFLE STEPS FORWARD, PIVOT TURN

- 1&2** Left shuffle step forward (left-right-left)
- 3&4** Right shuffle step forward (right-left-right)
- 5&6** Left shuffle step forward (left-right-left)
- 7-8** Right step forward; turn $\frac{1}{2}$ left and step forward on left

MONTEREY TURNS

- 1-2** Right point side; swivel turn $\frac{1}{2}$ right on left foot bringing right together
- 3-4** Left point side; left together
- 5-8** Repeat 1-4

GRAPEVINE RIGHT, CLAP, ROLLING TURN LEFT, CLAP

- 1-4** Right step side; left cross behind; right step side; left touch with clap
- 5-7** Left step side; right step swivel full turn left; step on left
- 8** Right toe touch together with clap

REPEAT