

# Better Days

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Lorna Mursell (Scotland) Dec 2014

**Music:** In Better Days by Neil Diamond. [Album: Melody Road]

## Start On Lyrics "How Do I"

**HAPPY BIRTHDAY MUM! This Dance Was Written Especially For My Mum For Her Special Birthday.**

### SEC 1) TOE STRUT, CROSS TOE STRUT, GRAPEVINE, TOUCH

- 1-2            Step right toe diagonally right, drop right heel down
- 3-4            Step left toe diagonally right crossing left toe over right toe, drop left heel down
- 5-6            Step right to right side, step left behind right
- 7-8            Step right to right side, touch left beside right

### SEC 2) SIDE TOUCH, SIDE, TOGETHER, 1/4 TURN, BRUSH

- 1-2            Step left to left side, touch right beside left
- 3-4            Step right to right side, touch left left beside right
- 5-6            Step left to left side, step right beside left
- 7-8            Step left 1/4 turn left, brush right beside left

### SEC 3) ROCKING CHAIR, STEP, 1/2 TURN, STEP, HOLD

- 1-2            Rock forward on right, recover on to left
- 3-4            Rock back on right, recover on to left
- 5-6            Step forward on right, pivot 1/2 turn left
- 7-8            Step forward on right, hold

### SEC 4) ROCKING CHAIR, SCISSOR STEP, HOLD

- 1-2            Rock forward on left, recover on to right
- 3-4            Rock back on left, recover on to right
- 5-6            Step left to left side, step right beside left
- 7-8            Cross left over right, hold