

Ramblin' Man

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: The Girls (Maureen & Michelle) Oct 2012

Music: 'Ramblin' Man' by The Allman Brothers (182 bpm)

Intro: 16 counts

LEFT, HOLD, BACK ROCK, EXTENDED VINE

- 1-2 Step left to left, hold
- 3-4 Rock right behind left, recover onto left
- 5-6 Step right to right, step left behind right
- 7-8 Step right to right, step left across right

RIGHT, HOLD, BACK ROCK, EXTENDED VINE

- 9-10 Step right to right, hold
- 11-12 Rock left behind right, recover onto right
- 13-14 Step left to left, step right behind left
- 15-16 Step left to left, step right across left

(Restart dance after count 16 during wall 4 - facing 3 o'clock wall)

LEFT, TOGETHER, FORWARD, HOLD, FORWARD MAMBO WITH STOMPS, HOLD

- 17-18 Step left to left, step right beside left
- 19-20 Step left forward, hold
- 21-22 Rock right forward, stomp left back
- 23-24 Stomp right beside left, hold

BACK, HOLD, BACK, HOLD, BACK MAMBO WITH STOMPS, HOLD

- 25-26 Step left back, hold
- 27-28 Step right back, hold
- 29-30 Rock left back, stomp right forward
- 31-32 Stomp left beside right, hold

VINE ¼ TURN RIGHT, HITCH, VINE ¼ TURN LEFT, SCUFF

- 33-34** Step right to right, step left behind right
- 35-36** Make $\frac{1}{4}$ turn right & step right forward, hitch left
- 37-38** Step left to left, step right behind left
- 39-40** Make $\frac{1}{4}$ turn left & step left forward, scuff right forward

STEP, LOCK, STEP, SCUFF, STEP, $\frac{1}{2}$ PIVOT, STEP, HOLD

- 41-42** Step right forward, lock left behind right
- 43-44** Step right forward, scuff left forward
- 45-46** Step left forward, pivot $\frac{1}{2}$ turn right
- 47-48** Step left beside right, hold

HEEL AND TOE TWISTS LEFT, HEEL AND TOE TWISTS RIGHT

- 49-50** Twist both heels left, twist both toes left
- 51-52** Twist both heels left, hold
- 53-54** Twist both heels right, twist both toes right
- 55-56** Twist both heels right, hold

SIDE SWITCHES, $\frac{1}{4}$ MONTEREY TURN WITH TOUCH

- 57-58** Point right to right, step right beside left
- 59-60** Point left to left, step left beside right
- 61-62** Point right to right, make $\frac{1}{4}$ turn right and step right beside left
- 63-64** Point left to left, touch left beside right

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