

# Hold A Woman

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**Count:** 40

**Wall:** 4

**Level:** Improver / Easy Intermediate

**Choreographer:** Karen Kennedy (Nuline - Scotland) Jan 2013

**Music:** Hold A Woman by Bucky Covington, CD: Good Guys

## 16 count intro- Start just before vocals ( 14 seconds approx)

### CROSS ROCK, $\frac{1}{4}$ CHASSE, $\frac{1}{4}$ PIVOT TURN, LEFT CROSS SHUFFLE

- 1 -2        Cross rock right over left, recover on the left
- 3&4        Step right to right side, close left next to right, turn right  $\frac{1}{4}$  right (3)
- 5 -6        Step forward on left, pivot  $\frac{1}{4}$  turn right (6)
- 7&8        Cross left over right, step right beside left, cross left over right

### TURN $\frac{1}{4}$ . TURN $\frac{1}{2}$ , CHASSE RIGHT, CROSS ROCK, $\frac{1}{4}$ CHASSE LEFT

- 1 -2        Turn  $\frac{1}{4}$  left stepping back on right(3) turn  $\frac{1}{2}$  turn left stepping forward on left(9)
- 3&4        Step right to right side, close left beside right, step right to right side
- 5 -6        Cross rock left over right, recover on left
- 7&8        Step left to left side, close right to left, turn left  $\frac{1}{4}$  left (6)

### $\frac{1}{2}$ PIVOT TURN, $\frac{1}{2}$ SHUFFLE, FULL TURN BACK, LEFT COASTER STEP

- 1 -2        Step forward on right, pivot  $\frac{1}{2}$  turn left (12)
- 3&4 $\frac{1}{2}$  shuffle turn stepping right, left, right (6)**
- 5 -6 $\frac{1}{2}$  turn left stepping forward on left (12),  $\frac{1}{2}$  turn stepping back on right (6)**

### Easy Option :- Walk back left, walk back right

- 7&8        Step back on left, step back on right, step left forward

### FULL TURN, TURN $\frac{1}{4}$ LEFT ,TOGETHER, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{4}$ PIVOT, LEFT CROSS SHUFFLE

- 1 -2        Turn  $\frac{1}{2}$  left stepping back on right (12), turn  $\frac{1}{2}$  left stepping forward on left (6)
- 3&4        Turn  $\frac{1}{4}$  left stepping right to right side(3) , close left next to right, turn right  $\frac{1}{4}$  right(6)
- 5 -6        Step forward on left, pivot  $\frac{1}{4}$  turn right
- 7&8        Cross left over right, close right beside left, cross left over right (9)

### $\frac{1}{2}$ TURN LEFT, RIGHT LOCK FORWARD, $\frac{1}{2}$ PIVOT TURN, LEFT LOCK FORWARD

- 1 -2** Turn ¼ left stepping back on right, turn ¼ left stepping forward on left (3)
- 3&4** Step forward on right, lock left behind right, step right forward
- 5 -6** Step forward on left, pivot ½ right (9)
- 7&8** Step forward on left, lock right behind left, step left forward (9)

### **START AGAIN**

**TAG - 16 Counts - Add the following tag after wall 2 and 4 ( Facing back and front wall)**

### **CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT**

- 1 -2** Cross rock right over left, recover on left
- 3&4** Step right to right side, close left next to right, step right to right side
- 5 -6** Cross rock left over right, recover on right
- 7&8** Step left to left side, close right next to left, step left to left side

### **½ PIVOT TURN, ½ SHUFFLE, FULL TURN BACK, LEFT COASTER STEP**

- 1 -2** Step forward on right, pivot ½ turn left (6)
- 3&4½ shuffle turn left stepping right, left, right (12)**
- 5 -6** Turn ½ left stepping forward on left (6), turn ½ left stepping back on right (12)

### **Easier Option:- Walk back left, walk back right**

- 7&8** Step back on left, step back on right, step forward on left (12)

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**Last Revision - 20th January 2013**