

# Girl, I'll Stand By You

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**Count:** —                      **Wall:** 4                      **Level:** Phrased Intermediate

**Choreographer:** Nancy Lee ( Jan 09)

**Music:** I'll Stand By You by Girls Aloud

**Sequence Of Dance: A / B/ A/ B/ A-/ Tag / B / B / B**

**(Start after 10 count intro on the word - "ooh").**

**This dance is specially dedicated to my dear student Lily Koh of Fitness First - I.O.I Mall**

**( Remember, I'll Stand By You )**

**PART A ( 32 counts)**

**STEP SIDE RIGHT, FULL TURN RIGHT, CROSS BEHIND, 1/4 TURN LEFT X 2, TOUCH RIGHT TO RIGHT, SYNCOPATED CROSS STEPS**

**1**                      Large Step Right to Right Side

**2 & 3 1/4 turn right stepping on left forward, 1/4 turn right stepping on ball of right, 1/2 turn right stepping on left to left side ( LRL -making full turn right) ( 12:00 )**

**4&5**                      Cross step right behind left, 1/4 turn left step forward left , 1/4 turn left on ball of left touch right ft to right side ( 6:00 )

**6&7&8&1** Cross right behind left, step left to left, cross right over left , step left to left, Cross right behind left, step left to left, cross right over left (6:00)

**SIDE-ROCK-CROSS, TRIPLE FULL TURN LEFT FORWARD, SIDE- ROCK-CROSS, 3/4 TURN LEFT, STEP SIDE RIGHT**

**2&3**                      Rock left to left side, recover onto right, cross left over right ( LRL )

**4&5 1/2 turn left stepping back right, 1/2 turn left stepping forward left, step forward right(RLR) (6:00)**

**6&7**                      Rock left to left side, recover onto right, cross left over right ( LRL )

**8&1 1/2 turn left stepping back right, 1/4 turn left step left to left side (small step ), slide large step right to right side ( 9:00)**

**CROSS-ROCK-SIDE, CROSS-ROCK-SIDE, FORWARD LEFT, SWEEP RONDE ½ TURN LEFT, TOUCH, WALKS FORWARD RIGHT, LEFT, RIGHT**

- 2&3** Rock left over right, recover onto right, step left to left side
- 4&5** Rock right over left, recover onto left, step right to right side ( 9:00 )
- 6,7,** Step forward left ( 6 ), sweep ronde ½ turn left ,touch right beside left ( 7 ) ( 3:00)
- 8&1** Slightly run forward , R , L , R (Restart here - 5th repetition - 2 count Tag )

**FORWARD ROCK & RECOVER, ½ TURN LEFT, CROSS, HIP SWAYS - L/R/L/R, STEP LEFT BESIDE RIGHT**

- 2&3** Rock forward on left & recover on right, make ½ turn left stepping forward on left (9:00)
- 4** Cross step right over left
- 5,6,7,8&** Step left slightly left swaying hips left, right, left ,right , step left beside right (9:00 )

**PART B (32 Counts)**

**STEP SIDE RIGHT, FULL TURN RIGHT, CROSS BEHIND, 1/4 TURN LEFT X 2, TOUCH RIGHT TO RIGHT, SYNCOPATED CROSS STEPS**

- 1** Large Step Right to Right Side
- 2 & 3 1/4 turn right stepping on left forward, 1/4 turn right stepping on ball of right, 1/2 turn right stepping on left to left side ( LRL -making full turn right) ( 9:00 )**
- 4&5** Cross step right behind left, ¼ turn left step forward left , ¼ turn left on ball of left touch right ft to right side ( 3:00 )
- 6&7&8&1** Cross right behind left, step left to left, cross right over left , step left to left, Cross right behind left, step left to left, cross right over left (3:00)

**SIDE-ROCK-CROSS, TRIPLE FULL TURN LEFT FORWARD, ¼ TURN RIGHT SWEEP, HITCH, CROSS STEP, 1/4 TURN LEFT ( X2 ), CROSS RIGHT OVER LEFT**

- 2&3** Rock left to left side, recover onto right, cross left over right ( LRL ) (3:00)
- 4&5 ½ turn left stepping back right, ½ turn left stepping forward left, step forward right(RLR) (3:00)**
- 6&7** Sweep left over right ¼ turn right ( 6 ), hitch ( & ) , cross step left over right ( 7 ) (6:00)
- 8&1** Make ¼ turn left stepping back on right ( 8 ) , make ¼ turn left stepping left to left side & ) , cross right over left ( 1 ) ( 12:00)

**SWEEP,CROSS OVER ,STEP, CROSS WALKS RIGHT/LEFT,TRIPLE FULL TURN LEFT BACK, BACK, CROSS**

**2, 3,4,5** Sweep left from back to front (in the air) cross over right ( 2), step down on left (3), cross walk right over left (4), cross walk left over right (5) (12:00)

**6&7 ½ turn left stepping back right, ½ turn left stepping forward left, step (ball press) forward on right**

**8&1** Rock back on left (8), step back on right ( & ) , cross left over right ( 1) (12:00)

**SIDE-ROCK-CROSS, COASTER LEFT, FORWARD ROCK & RECOVER, STEP BACK, ½ TURN LEFT**

**2&3** Rock right to right side, recover onto left, cross right over left( RLR) (12:00)

**4&5** Step back on left, step right beside left, step forward on left

**6,7** Forward rock on right, recover on left

**8&** Step back on right ( 8 ) , ½ turn left step forward on left (&) (6:00 )

**TAG/ RESTART:**

**Restart during the 5TH repetition (Part A ) , dance up to 24 Counts which is walks forward R,L,R(8&1),**

**add 2 count Tag : make ½ pivot turn left (1) , hold (2), then restart the dance with Part B ( facing 9:00)**