

Humble & Kind

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Count: 48

Wall: 4

Level: Intermediate waltz

Choreographer: Michael O'Shea - Ireland - Aug 2016

Music: 'Humble & Kind' by Tim McGraw

Start on vocals.

S1: Step Sweep, Cross Back Side, Step Drag, Back Turn Side

1-2-3step left slighty fwd left, sweep right around over left over 2 counts

4-5-6cross right over left, step back left, step right to right side

1-2-3step fwd left, drag right to left over 2 counts

4-5-6step back right, step left 1/2 turn left, step right 1/4 turn to right side (3:00)

S2: Back Rock, Hold, Replace 1/4 Turn, 1/4 Turn, 1/2 Turn Drag, Back, Cross Sweep

1-2-3rock back left, hold for 2 counts

4-5-6replace weight to right, step left back 1/4 right, turning 1/4 turn right step right to right side

1-2-3 Turning 1/2 turn step left to left side, drag right to left, step slightly back right

4-5-6cross left over right, sweep right across left over 2 counts (3:00)

Note: **Easier option - To cut out the full turn replace the 1/4, 1/4, 1/2 turns, with side, behind, side on those specific counts: 5-6-1

S3: Cross, Hitch, Hold, Back Turn Step, Twinkle Step Right, Twinkle 1/2 Turn

1-2-3step right across left, hitch left foot to left diagonal, hold

4-5-6step back left, step right 1/2 turn right, step fwd left

1-2-3cross right over left, step left to left side, replace weight to right

4-5-6cross left over right, step right to right side, turning 1/2 turn left, step fwd left (3:00)

S4: Side, Drag, Step, Cross, Step Side, Step Full Turn, Step.

1-2-3step right to right side, drag left to right, replace weight to left

4-5-6,cross right over left, HOLD, step back left,

1-2-3step right to right side, HOLD, step fwd left,

4-5-6full turn left stepping right, left, step fwd right.(3:00)

Note: **Easier option - Omit the final full turn by replacing it with a basic waltz step fwd on 4-5-6

Begin again.

Dedicated to my fantastic students as we celebrate 17 years together with Dance Crazy

They are ever & always - humble & kind. Enjoy this beautiful track by Tim McGraw.

Contact: michael@inine.ie - Website: www.inline.ie