

ALL FIRED UP

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Count: 32 **Wall:** — **Level:** —

Choreographer: Mick Herbert

Music: All Fired Up by Dan Seals

STEP, LOCK, STEP, HITCH, BACK STEPS X 3, HITCH

- 1-2 Step forward right, lock left behind right
- 3-4 Step forward right, hitch left knee
- 5-6 Step back left, step back right
- 7-8 Step back left, hitch right knee

MONTEREY TURN MAKING $\frac{1}{4}$ TURN RIGHT TWICE

- 9 Point right to right side.
- 10 On ball of left make $\frac{1}{4}$ turn right stepping right next to left
- 11-12 Point left to left side, step left beside right
- 13-16 Repeat steps 9-12

HEEL TOUCH, TOE TOUCH, PIVOT $\frac{1}{2}$ TURN LEFT, STOMPS

- 17-18 Touch right heel forward, hold
- 19-20 Touch right toe back, hold
- 21-22 Step forward right, pivot $\frac{1}{2}$ turn left.
- 23-24 Stomp right beside left, stomp left beside right

TOUCH, HOLD, STEP, HOLD, $\frac{3}{4}$ TURN RIGHT, HEEL HOOK

- 25-26 Touch right to right side, hold
- 27-28 Step right beside left, hold
- 29-31 Make $\frac{3}{4}$ turn right - stepping left, right left
- 32 Hook right heel across front of left shin

REPEAT