

# Power Of One

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Tina Hollen (DK) Nov '07

**Music:** Power Of One by Bomshel

**Intro: 24 counts.**

## **SIDE ROCK R, CROSS SHUFFLE, SIDE ROCK L, CROSS SHUFFLE**

- 1-2      Rock right to right side, recover onto left
- 3&4      Cross right over left, step left to left side, cross right over left
- 5-6      Rock left to left side, recover onto right
- 7&8      Cross left over right, step right to right side, cross left over right

## **SKATES ¼ TURN, FORWARD SHUFFLE, PIVOT ½, MAMBO POINT**

- 1-2      Skate ¼ to right side on right, skate forward on left
- 3&4      Step right forward, step left beside right, step right forward
- 5-6      Step forward on left, turn ½ right
- 7&8      Rock forward on left, recover onto right, point left to left side

## **CROSS, STEP, BACK COASTER, CROSS, STEP, BACK COASTER**

- 1-2      Cross left over right, step right to right side
- 3&4      Step back on left, step right next to left, step forward on left
- 5-6      Cross right over left, step left to left side
- 7&8      Step back on right, step left next to right, step forward on right

## **ROCK STEP, SHUFFLE ½ TURN, STEP, TOUCH, KICK BALL TOUCH**

- 1-2      Rock forward on left, recover onto right
- 3&4      Make ½ left stepping left right left
- 5-6      Step forward on right, touch left next to right
- 7&8      Kick left forward, step left next to right, touch right next to left

**Begin again.**