

ALL GROWN UP

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Count: 40

Wall: 4

Level: beginner/intermediate

Choreographer: Jamie Lyn Loss & Kelly Cavallaro

Music: Life Goes On by LeAnn Rimes

WALK, WALK, SHUFFLE STEP, $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN

- 1 Walk forward on left foot
- 2 Walk forward on right foot
- 3&4 Shuffle step forward (left, right, left)
- 5 Step forward on right foot

6 $\frac{1}{2}$ turn to the left

- 7 Step forward on right foot

8 $\frac{1}{4}$ turn to the left

SIDE CHA-CHA WITH PREP, $\frac{3}{4}$ TURN, SIDE CHA-CHA WITH PREP, $\frac{3}{4}$ TURN

- 1&2 Step side right, step left next to right, step side right with a prep to the right with $\frac{1}{4}$ turn to the right

3&4 $\frac{3}{4}$ turn to the right

- 5&6 Step side left, step right next to left, step side left with a prep to the left with $\frac{1}{4}$ turn to the left

7&8 $\frac{3}{4}$ turn to the left

BACK LOCK STEP, BACK LOCK STEP, ROCK, ROCK, SHUFFLE FORWARD

- 1&2 Back lock step (right left, right)
- 3&4 Back lock step (left, right, left)
- 5 Rock back on right foot (stepping back)
- 6 Rock forward on left foot
- 7&8 Shuffle forward (right, left, right)

SIDE, STEP TOGETHER, SIDE CHA-CHA, HIP SWAYS

- 1 Step side left

- 2 Step right foot together with left foot
- 3&4 Step side left, step right next to left, step side left
- 5-8 Sway hips (right, left, right, left)

SIDE, STEP TOGETHER, SIDE CHA-CHA, HIP SWAYS

- 1 Step side right
- 2 Step left foot together with right foot
- 3&4 Step side right, step left next to right, step side right
- 5-8 Sway hips (left, right, left, right)

REPEAT