

Posted Proposal

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Count: 48

Wall: 4

Level: Intermediate

Choreographer: Jon Peppin

Music: Post It Note Proposal by Billy Bridge. CD: Post It Note Proposal

Start Position: Feet together - with weight on R foot.

Starts 24 counts in on vocals.

1-3 [1,2,3] Waltz forward - step L forward, step R beside L, step L beside R,

4-6 [4,5,6] Waltz back - step R back, step L beside R, step R beside L,

7-9 [1,2,3] Step L forward, turning 180 degrees L - step R beside L, step L beside R,

10-12 [4,5,6] Waltz back - step R back, step L beside R, step R beside L,

13-15 [1,2,3] Step L forward, touch R toe to R side, hold for one count,

16-18 [4,5,6] Step R forward, touch L toe to L side, hold for one count,

19-21 [1,2,3] Step L behind R, step/rock on ball of R to R side, rock/replace weight onto L,

22-24 [4,5,6] Step R behind L, step/rock on ball of L to L side, rock/replace weight onto R,**

******Note: On wall 6 - Restart dance here from the beginning******

25-27 [1,2,3] Turning 90 degrees R - step L forward, step R beside L, step L beside R,

28-30 [4,5,6] Turning 90 degrees R - step R back, step L beside R, step R beside L,

31-33 [1,2,3] Turning 90 degrees R - step L forward, step R beside L, step L beside R,

34-36 [4,5,6] Turning 90 degrees R - step R back, step L beside R, step R beside L,

37-39 [1,2,3] Twinkle - step L over R, step/rock on ball of R to R side, rock/replace weight onto L,

40-42 [4,5,6] Step R over L, turn 90 degrees R - step L back, turn 90 degrees - R step R to R side,

43-45 [1,2,3] Twinkle - step L over R, step/rock on ball of R to R side, rock/replace weight onto L,

46-48 [4,5,6] Step R over L, turn 90 degrees R - step L back, turn 180 degrees R - step R forward.

REPEAT DANCE IN NEW DIRECTION

Notes:

- 1. Restart - on wall 6 - Dance the first 24 counts then restart the dance from the beginning.**
- 2. Last Wall / finish - The music disappears/slows - just dance through it and on the last three counts just turn 180 degrees instead of 270 degrees:**

46-48 [4,5,6] Step R over L, turn 90 degrees R - step L back, turn 90 degrees R - step R forward.

**As taught by the Travelling Cowboy. (Ph.0413.714725) - Email:
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