

# Forget You

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Chris Cleevely (UK) Nov.10

**Music:** 'FORGET YOU' by Cee Lo Green

## Start on vocals (16 count intro).

### 2 x Right Kick Ball Steps; Forward Rock, Recover; ¼ Turn Right, Chasse ¼ Turn Right

- 1 & 2** Kick right forward, take weight on ball of right, step forward on left
- 3 & 4** Kick right forward, take weight on ball of right, step forward on left
- 5 - 6** Rock forward on right, recover weight on left
- 7 & 8** Making ¼ turn right, step right to right side, step left together, ¼ turn right stepping forward on right (6.00 o'clock)

### Forward Left Shuffle; Forward Rock, Recover, ¼ Turn Right, Chasse ¼ Turn Right; ½ Turn Shuffle Right

- 9 & 10** Shuffle forwards stepping left/right/left
- 11 - 12** Rock forward right, recover weight on left
- 13 & 14** Making ¼ turn right, step right to right side, step left together, ¼ turn right stepping forward on right (12.00 o'clock)
- 15 & 16** Shuffle ½ turn right, stepping left/right/left (6.00 o'clock)

### Right Coaster Step; Forward Rock, Recover; Left Coaster Step; Forward Rock, Recover

- 17 & 18** Step back on right, step left beside right, step forward on right
- 19 - 20** Rock forward on left, recover weight on right
- 21 & 22** Step back on left, step right beside left, step forward on left
- 23 - 24** Rock forward on right, recover weight on left

### Syncopated Jazz Box, Touch; Syncopated Jazz Box, Point

- 25 - 26** Cross right over left, step back on left
- & 27 - 28** Change weight onto right, step forward on left, touch right toe beside left
- 29 - 30** Cross right over left, step back on left
- & 31 - 32** Change weight onto right, step forward on left, point right to right side

### **Monterey Half Turn, Point; 2 x Heel Ball Cross**

- 33 - 34** Make ½ turn right, stepping right next to left, point left to left side (12.00 o'clock)
- 35 - 36** Step left in place, point right to right side
- 37 & 38** Present right heel forward, take weight on ball of right, cross left over right
- 39 & 40** Present right heel forward, take weight on ball of right, cross left over right

### **Side Rock, Recover; Right Diagonal Coaster Step; Left Lock, Left, Lock, Left on Right Diagonal**

- 41 - 42** Rock right to right side, recover weight on left
- 43 & 44** On right diagonal, step back on right, step left beside right, step forward on right
- 45 - 46** Still on right diagonal, step forward on left, lock right behind left
- 47 & 48** Step forward on left, lock right behind left, step forward on left

### **Side Rock, Recover; Behind, Side, Step to Left Diagonal; Left Lock, Left, Lock, Left on Left Diagonal**

- 49 - 50** Rock right to right side, recover weight on left
- 51 & 52** Cross right behind left, step left to left side, step right forward on left diagonal
- 53 - 54** On left diagonal, step forward on left, lock right behind left
- 56 & 56** Step forward on left, lock, right behind left, step forward on left

### **1/8th Turn Left; Right Back Mambo; Twist, Twist; Back Rock, Recover**

- 57 - 58** Step, pivot 1/8th of a turn left (9.00 o'clock)
- 59 & 60** Rock back on right, recover weight on left, step right in place
- 61 - 62** Twist heels to the right, twist heels to the centre
- 63 - 64** Rock back on right, recover weight on left

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