

# PARANOIA

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**Count:** 64

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Neil Fitzgerald

**Music:** Paranoid by Black Sabbath

## SPLIT HEELS, RIGHT HEEL HOOKS

- 1-2 Split the heels of both feet apart, bring back to center
- 3-4 Split the heels of both feet apart, bring back to center
- 5-6 Place right heel out in front, hook in front of left knee
- 7-8 Place right heel out in front, bring back to place

## SPLIT HEELS, LEFT HEEL HOOKS

- 1-2 Split the heels of both feet apart, bring back to center
- 3-4 Split the heels of both feet apart, bring back to center
- 5-6 Place left heel out in front, hook in front of right knee
- 7-8 Place left heel out in front, tap beside right foot

## LEFT GRAPEVINE WITH $\frac{1}{4}$ TURN, HEEL TAPS, TOE TAPS

- 1-2 Step left foot to left side, cross right behind,
- 3-4 Step left foot to left side (making  $\frac{1}{4}$  turn left), tap right beside left
- 5-6 Tap right heel out in front of twice
- 7-8 Tap right toe back twice

## STEP-PIVOT-STEP, HOLD, HEEL TAPS, TOE TAPS

- 1-2 Step right foot forward,  $\frac{1}{2}$  turn over left shoulder
- 3-4 Step right foot forward, hold next count
- 5-6 Tap left heel out in front of twice
- 7-8 Tap left toe back twice

## HEEL STRUTS, COASTER STEPS

- 1-2 Place left heel forward, slap toes to floor
- 3-4 Place right heel forward, slap toes to floor
- 5-6 Step left foot back, step right beside left

**7-8** Step left foot forward, hold for next count

### **HEEL STRUTS, COASTER STEPS**

**1-2** Place right heel forward, slap toes to floor

**3-4** Place left heel forward, slap toes to floor

**5-6** Step right foot back, step left beside right

**7-8** Step right foot forward, hold for next count

### **SIDE ROCK, CROSS, HOLD, WEAVE**

**1-2** Rock left foot out to left side, recover weight to right foot

**3-4** Cross left foot over right, hold for next count

**5-6** Step right out to right side, cross left behind right

**7-8** Step right out to right side, cross left in front of right

### **SIDE ROCK, CROSS, HOLD, VINE**

**1-2** Rock right foot out to right side, recover weight on left

**3-4** Cross left foot over right, hold for next count

**5-6** Step left foot to left side, cross right behind

**7-8** Step left foot to left side, stomp right beside left

**REPEAT**

**RESTART**

**On the third wall, dance up to count 30 and replace counts 31-32 with two stomps**

**31-32** Stomp left beside right, stomp right foot beside left

**Then restart the dance**