

Crushin' It

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Count: 32

Wall: 4

Level: Country Newcomer - Novice : Lilt / Polka

Choreographer: Sylvie Favre (CH) June 2015

Music: "Crushin' it" by Brad Paisley (BPM 109)

Counterclockwise

S1 : ROCK STEP, BEHIND, SIDE, CROSS 2X

1-2RF Step R, LF Recover weight

3 & 4RF Cross behind, LF Step L, RF Cross over

5-6LF Step L, RF Recover weight

7&8LF Cross behind, RF Step R, LF Cross over

S2 : SHUFFLE STEP DIAGONALY 2X, CROSS OVER ROCK STEP, CHASSE ¼

1&2RF Step forward (1:30), LF Step together, RF Step forward

3&4LF Step forward (10 30), RF Step together, LF Step forward

5-6RF Step cross over, LF Recover weight

7&8RF Step R, LF Step together, RF ¼ Step forward (3:00)

S3 : STEP TURN, SHUFFLE STEP, FULL TURN, STEP TURN ¼

1-2LF Step forward, RF Turn ½ step forward (9:00)

3&4LF Step forward, RF Step together, LF Step forward

5-6RF Turn ½ step backward (3:00), LF Turn ½ step forward (9:00)

7-8RF Step ¼ step forward, LF Step side L

S4 : CROSS SHUFFLE, ¼ TURN, STEP SIDE, CROSS, SYNCOPATED WEAVE

1&2RF Cross over, LF Step side L, RF Cross over

3-4LF ¼ Step backward, RF Step side R

5&6LF Cross over, RF Step R, LF Cross behind

&7&8RF Step R, LF Cross over, RF Step R, LF Cross behind

Have fun and keep smiling

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Last Update - 27th Jan. 2016