

Fresh

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Jo & John Kinser (Eng)

Music: "Fresh" (Radio Mix) by Beat System (116 bpm)

Start the dance on the vocals, (0.19)

[1-8] Skate Rt, Lt, Rt Chasse, Skate Lt, Rt, Lt Shuffle 1/4 Turn Lt

- 1,2 Skate Rt fwd, Skate Lt fwd
- 3&4 Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt
- 5,6 Skate Lt fwd, Skate Rt fwd
- 7&8 Step Lt to Lt, Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (9:00)

[9-16] Step 1/2 Turn, 1/2 Shuffle Back Rt, 1/4 Triple Lt In-place, Rt Kick Ball Change

- 1,2 Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (3:00)
- 3&4 Make 1/2 turn Lt stepping Rt back, Step Lt next to Rt, Step Rt back (9:00)
- 5&6 Make 1/4 turn Lt stepping Lt to Lt, Step Rt in place, Step Lt in place (6:00)
- 7&8 Kick Rt low fwd, Step Rt next to Lt, Step Lt fwd

[17-24] Fwd, Side, Rock & Side, Weave to the Rt, 1/2 Hinge Turn

- 1,2 Step Rt fwd, Step Lt to Lt
- 3&4 Rock Rt behind Lt, Replace weight Lt, Step Rt to Rt
- 5&6 Step Lt behind Rt, Step Rt to Rt, Step Lt across Rt
- 7,8 Make 1/4 turn Lt stepping Rt back (3:00), Make 1/4 turn Lt stepping Lt to Lt (12:00)

[25-32] Point, Roll Full Turn, Cross Back, Side Chasse Lt

- 1,2 Point Rt to Rt, Make 1/4 turn Rt stepping Rt fwd (3:00)
- 3,4 Make 1/2 turn Rt stepping Lt back (9:00), Make a 1/4 turn Rt stepping Rt to Rt (12:00)
- 5,6 Step Lt across Rt, Step Rt back
- 7&8 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt

Restart here on wall 1 (12:00) and wall 3 (6:00).

[33-40] Cross Rock Turn, Rock & Back, Turn Coaster Step, Lt Shuffle Fwd

- 1&2** Rock Rt diagonally fwd and across Lt (11:00), Replace weight Lt squaring up to (12:00), Step Rt to Rt facing (1:00)
- 3&4** Rock Lt fwd, Replace weight Rt, Step Lt back
- 5&6** Make 1/8th Turn Rt stepping back Rt, Step Lt next to Rt, Step Rt fwd (3:00)
- 7&8** Step Lt fwd, Step Rt next to Lt, Step Lt fwd

[41-48] Point Cross Touch &, Point Cross Touch, & Cross Back, Side Shuffle Rt

- 1&2&** Point Rt to Rt, Step Rt across Lt, Touch Lt to Lt, Step Lt next to Rt (traveling to your Lt)
- 3&4** Point Rt to Rt, Step Rt across Lt, Touch Lt to Lt (traveling to your Lt)
- &5,6** Step Lt next to Rt (3rd foot position), Cross Rt over Lt, Step back Lt
- 7&8** Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt

(Easy option: 1&2&3&4 Switches Rt & Lt & Rt & Lt, try slightly moving the switches to the Lt).

[49-56] Cross Back, Side Shuffle Lt, Cross 1/4, Rt Shuffle Fwd

- 1,2** Cross Lt over Rt, Step Rt back
- 3&4** Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
- 5,6** Cross Rt over Lt, Make 1/4 Rt stepping Lt back (6:00)
- 7&8** Step Rt fwd, Step Lt next to Rt, Step Rt fwd

[57-64] Step 1/2 Turn, Lt Shuffle Fwd, Step 1/2 Turn, Full Turn Fwd

- 1,2** Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (12:00)
- 3&4** Step Lt fwd, Step Rt next to Lt, Step Lt fwd
- 5,6** Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (6:00)
- 7,8** Make 1/2 turn Lt stepping Rt back, Make 1/2 turn Lt stepping Lt fwd. (Easy option: walk fwd Rt, Lt).

ENDING:

Make 1/4 turn Lt stepping Rt to Rt (1) (3:00),

Make 1/4 turn Lt stepping Lt to Lt (2) (12:00),

Body Roll Down (3&4).

HAVE FUN

