

JAIL ROCK

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Count: — **Wall:** 2 **Level:** beginner/intermediate

Choreographer: Zena Richards

Music: Jailhouse Rock by Elvis Presley

Sequence: AB AB ABB AB ABB

PART A

SIDE STRUT, CROSS STRUT, ROCK RECOVER, CROSS HOLD

- 1-2 Step right toe to right side, drop right heel taking weight
- 3-4 Cross left toe over right, drop left heel taking weight
- 5-6 Rock right to right side, rock onto left in place
- 7-8 Cross right over left, hold

SIDE STRUT, CROSS STRUT, ROCK RECOVER, CROSS HOLD

- 1-2 Step left toe to left side, drop left heel taking weight
- 3-4 Cross right toe over left, drop right heel taking weight
- 5-6 Rock left to left side, rock onto right in place
- 7-8 Cross left over right, hold

STEP HOLD, HOLD HITCH, STEP HOLD, HOLD KNEE OUT

- 1-2 Step right beside left (feet slightly apart), hold
- 3-4 Hold, hitch left knee
- 5-6 Step left beside right, hold
- 7-8 Hold, turn left knee out to the left (for styling: drop left shoulder (think Elvis!!))

KNEE IN HOLD, HOLD, HOLD, HIP ROLL, HITCH

- 1-2 Turn left knee in towards the right, hold (weight remains on left)
- 3-4 Hold, hold
- 5-7 Roll hips anti to the right over two beats (weight ends on left)
- 8 Hitch right knee

PART B

RIGHT CHASSE, ROCK RECOVER, LEFT SIDE CHASSE, ROCK RECOVER

- 1&2** Step right to right side, close left beside right, step right to right side
- 3-4** Rock back on left, rock forward onto right
- 5&6** Step left to left side, close right beside left, step left to left side
- 7-8** Rock back on right, rock forward onto left

¼ TURN TOE STRUT, ½ TURN TOE STRUT, ½ TURN TOE STRUT, FORWARD STRUT

- 1-2** Step right toe ¼ turn to the right, drop right heel taking weight
- 3-4** Making ½ turn to the right, step back on left toe, drop left heel taking weight
- 5-6** Making ½ turn to the right, step forward on right toe, drop right heel taking weight
- 7-8** Step left toe forward, drop left heel taking weight

CROSS ROCK RECOVER, ¼ TURN KICK, WEAWE RIGHT

- 1-2** Cross rock right over left, rock back onto left
- 3-4** Step right ¼ turn right, kick left to left side
- 5-6** Step left behind right, step right to right side
- 7-8** Cross left over right, step right to right side

ROCK RECOVER, SIDE STRUT, ROCK RECOVER, POINT FLICK

- 1-2** Rock back on left, rock forward onto right
- 3-4** Step left toe to left side, drop left heel taking weight
- 5-6** Rock back on right, rock forward onto left
- 7-8** Point right to right side, flick right up behind left