

# STEPPIN' OUT

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**Count:** 36      **Wall:** —      **Level:** —

**Choreographer:** Cathy Lennox

**Music:** Lonely Too Long by Patty Loveless

**Position:** Right Side-By Side

## MAN'S STEPS

### FORWARD SHUFFLES

- 1&2      Shuffle forward (left-right-left)
- 3&4      Shuffle forward (right-left-right)
- 5&6      Shuffle forward (left-right-left)
- 7&8      Shuffle forward (right-left-right)

### ROLLING TURNS

**Release all hands**

- 9            Step to the left on left and begin a full turn to the left traveling to the left
- 10          Step on right & continue full traveling turn to the left
- 11          Step on left & complete full traveling turn to the left
- 12          Tap right toe next to left
- 13          Step to the right on right and begin a full turn to the right traveling to the right
- 14          Step on left and continue full traveling turn to the right
- 15          Step on right and complete full traveling turn to the right
- 16          Step left next to right

**Rejoin hands returning to Right Side-By Side Position facing LOD**

### DIAGONAL STEP-SLIDES, STEP-HITCHES (BOTH)

- 17-18      Step forward and diagonally to the right on right, slide left up behind right
- 19-20      Step forward and diagonally to the right on right, hitch left knee
- 21-22      Step forward and diagonally to the left on left, slide right up behind left
- 23-24      Step forward and diagonally to the left on left, hitch right knee

## **WALK BACK, MILITARY PIVOTS**

- 25-26 Walk back on right, left  
27-28 Walk back on right, tap left next to right

### **Release all hands**

- 29 Step forward on left & pivot  $\frac{1}{2}$  turn to the right ball of left  
30 Shift weight forward to right  
31 Step forward on left, & pivot  $\frac{1}{2}$  turn to the right ball of left  
32 Shift weight forward to right

### **Rejoin hands in right side-by-side position facing LOD**

## **ROCKING CHAIR**

- 33-34 Step forward on left, rock back onto right  
35-36 Step back on left, rock forward onto right

## **REPEAT**

## **LADY'S STEPS**

## **FORWARD SHUFFLES**

- 1&2 Shuffle forward (right-left-right)  
3&4 Shuffle forward (left-right-left)  
5&6 Shuffle forward (right-left-right)  
7&8 Shuffle forward (left-right-left)

## **ROLLING TURNS**

### **Release all hands**

- 9 Step to the right on right and begin a full turn to the right traveling to the right  
10 Step on left and continue full traveling turn to the right  
11 Step on right & complete full traveling turn to the right  
12 Tap left toe next to right  
13 Step to the left on left & begin a full turn to the left traveling to the left  
14 Step on right & continue full traveling turn to the left

15 Step on left & complete full traveling turn to the left

16 Tap right next to left

### **Rejoin hands returning to Right Side-By Side position facing LOD**

#### **DIAGONAL STEP-SLIDES, STEP-HITCHES (BOTH)**

17-18 Step forward and diagonally to the right on right, slide left up behind right

19-20 Step forward and diagonally to the right on right, hitch left knee

21-22 Step forward and diagonally to the left on left, slide right up behind left

23-24 Step forward and diagonally to the left on left, hitch right knee

#### **WALK BACK, MILITARY PIVOTS**

25-26 Walk back on right, left

27-28 Walk back on right, step left next to right

### **Release all hands**

29 Step forward on right & pivot  $\frac{1}{2}$  turn to the left ball of right

30 Shift weight forward to left

31 Step forward on right & pivot  $\frac{1}{2}$  turn to the left on ball of right

32 Shift weight forward to left

### **Rejoin hands in Right Side-By Side Position facing LOD**

#### **ROCKING CHAIR**

33-34 Step forward on right rock back onto left

35-36 Step back on right, rock forward onto left

#### **REPEAT**