

# I Hate Myself For Loving You

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** BM Leong ( Feb 2014 )

**Music:** I Hate Myself For Loving You by Joan Jett

**Start the dance on vocal after 48 counts.**

## **OUT, OUT, IN, IN, HIP BUMPS**

**1-2**            Step R out, step L out

**3-4**            Step R in, step L in

**5&6**           Bump hips RLR

**7&8**           Bump hips LRL

## **1/8 TURN LEFT X 4, SAMBA STEP X 2**

**1-21/8 turn left on L pointing R to right side, 1/8 turn left on L pointing R to right side**

**3-41/8 turn left on L pointing R to right side, 1/8 turn left on L pointing R to right side**

**5&6**           Cross R over L, step L to left side, recover onto R

**7&8**           Cross L over R, step R to right side, recover onto L

## **FORWARD, 1/4 TURN LEFT, CROSS CHA CHA, SIDE-ROCK, CROSS CHA CHA**

**1-2**            Step R forward, pivot 1/4 turn left

**3&4**           Cross cha cha on RLR

**5-6**           Rock L to left side, recover onto R

**7&8**           Cross cha cha on LRL

## **JUMP, TOUCH, SHIMMY, JUMP, TOUCH, SHIMMY**

**1-2**            Jump R to right side, touch L together

**3-4**            Shimmy shoulders or body shake for 2 counts

**5-6**            Jump L to left side, touch R together

**7-8**            Shimmy shoulders or body shake for 2 counts

## **Tag at the end of walls 2 and 6**

**1-2**            Step R to right side, touch L together

**3-4** Step L to left side, touch R together

**5-6** Step R forward, pivot 1/2 turn left

**7-8** Step R forward, pivot 1/2 turn left

**Restart during wall 9 after 24 counts.**

**Contact: [www.sjlinedancer.blogspot.com](http://www.sjlinedancer.blogspot.com)**

**Last Update - 9th Feb 2014**

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