

# SEXY SUGAR

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**Count:** 48                      **Wall:** —                      **Level:** —

**Choreographer:** Guy Dubé & Edith Bourgault

**Music:** Sugar by Sammy Kershaw & Lorrie Morgan

**Position:** Face LOD in Sweetheart Position, Side To Side

**Presented in August at the Atelier X-trême 2003 - Quebec, Canada**

**SHUFFLE FORWARD, TOUCH, ½ TURN RIGHT, TOUCH, STEP, STEP, PIVOT ½ TURN RIGHT**

- 1&2            Shuffle forward right, left, right
- 3              Touch left toe forward in raising your left hip
- 4              Drop left heel in place in dropping your left hip
- 5              Touch right toe forward by raising your right hip in turning ½ turn right
- 6              Drop right heel in place in dropping your right hip

**The partners are now in Reverse Sweetheart Position, (RLOD)**

- 7-8            Step left forward, pivot ½ turn right

**On the count 7, release left hands and raise right hands over the man's head**

**Finish in Sweetheart Position, (LOD)**

**SIDE, BEHIND, (MAN: TRIPLE STEP) (LADY: TRIPLE STEP IN ½ TURN RIGHT), 4X HIP BUMPS OR 2X BODY ROLLS**

- 1-2            Step left to left, step right behind left foot

**3&4MAN: Triple step left, right, left in place**

**LADY: Triple step left, right, left in ½ turn right**

**The man and lady are now face to face, left hands crossed over the right hands**

- 5-6            Step right forward with 2 hip bumps right diagonally to right
- 7-8            Two hip bumps left to left

**Option: body roll upwards**

**MAN: TRIPLE STEP, STEP, TOUCH, SIDE, TOUCH, SIDE, TOUCH / LADY: TRIPLE STEP IN ½ TURN LEFT, STEP, TOGETHER, SIDE, TOUCH, SIDE, TOUCH**

**1&2MAN: Triple step right, left, right in place**

**LADY: Triple step right, left, right in place in turning ½ turn left**

**You are now in Indian Position, the man behind the lady with hands joined to the shoulders (LOD)**

**3-4MAN: Step left forward, toe touch right together left**

**LADY: Step left forward, step right together left**

**5-6MAN: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)**

**LADY: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)**

**7-8MAN: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)**

**LADY: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)**

**The partners on the count 6 and 8 look directly eye to eye**

**MAN: TRIPLE STEP, 2X SHUFFLES FORWARD, ROCK BACK / LADY: TRIPLE STEP IN ½ TURN RIGHT, 2X SHUFFLES FORWARD, ROCK BACK**

**1&2MAN: Triple step right, left, right in place**

**LADY: Shuffle left, right, left in ½ turn right**

**Release left hands. The partners turn face to face with only right hands together**

**3&4MAN: Shuffle forward left, right, left**

**LADY: Shuffle backward right, left, right**

**Release right hands. The shuffles are done by pushing the left palms one against the other**

**5-6MAN: Shuffle forward right, left, right**

**LADY: Shuffle backward left, right, left**

**Release left hands. The shuffles are done by pushing the left palms one against the other**

**7-8MAN: Rock back with left foot, return weight forward on right**

**LADY: Rock back with right foot, return weight forward on left**

**Man's hand: palm to the top holding the woman's hand in extension for the counts 7-8**

**MAN: SHUFFLE LEFT FORWARD, TRIPLE STEP, TRIPLE STEP IN  $\frac{3}{4}$  TURN LEFT, SIDE,  $\frac{1}{4}$  TURN LEFT / LADY: SHUFFLE RIGHT FORWARD, TRIPLE STEP IN  $\frac{1}{2}$  TURN RIGHT, TRIPLE STEP, STEP, TOGETHER**

**1&2MAN: Shuffle forward left, right, left**

**LADY: Shuffle forward right, left, right**

**The man and the woman are now back with back by being always held the right hands**

**3&4MAN: Triple step right, left, right but in traveling slightly to right**

**LADY: Triple step left, right, left in  $\frac{1}{2}$  turn right**

**The lady is now behind the man and she takes her left hand**

**5&6MAN: Triple step left, right, left in  $\frac{3}{4}$  turn left**

**LADY: Triple step right, left, right in place**

**Release right hands and to finish by taking again right hands crossed over the left hands**

**7-8MAN: Step right to right, touch left together right in  $\frac{1}{4}$  turn left**

**LADY: Step left forward, step right together left**

**The right hands raise over the lady's head. The partners are back now in a Sweetheart Position (LOD)**

**LINDY BASIC, STEP FORWARD WITH BODY ROLL, BODY ROLL**

**1&2** Shuffle side left, right, left

**3-4** Rock back with right foot, return weight forward on left

**5-6** Step right diagonally forward by bending the knees, raise the body by pushing the hips forward

**7-8** Bend the knees, raise the body by pushing the hips forward

**Finish weight on right foot**

**REPEAT**

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