

SADDLE UP

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Count: —

Wall: 2

Level: intermediate/advanced

Choreographer: Alan Birchall

Music: Save A Horse (Ride A Cowboy) by Big & Rich

Sequence: AB, AB, AA, AB & 16 counts

Instead of air guitars, we have air drums. Use them!

PART A

WALK FORWARD, KICK BALL TOUCH, TWIST $\frac{1}{2}$ TURN, $\frac{1}{4}$ SAILOR TURN, POINT

- 1-2 Walk forward right, left
- 3&4 Kick right foot forward, step right by left, touch left toe back (moving slightly backwards)
- 5 Dipping down slightly twist $\frac{1}{2}$ turn to left (6:00)
- 6&7 Cross left behind right, step right to right making $\frac{1}{4}$ turn left, step left in place (3:00)
- 8 Point right to right

STEP, POINT, $\frac{1}{2}$ TURN, CROSS, SIDE, TOGETHER, POINT, CROSS, BACK, SIDE, CROSS

- &9-10 Step right by left, point left to left, make $\frac{1}{2}$ turn left bringing left by right (9:00)
- 11-12 Cross right over left, step left to left
- &13 Step right by left, point left to left
- 14 Cross left over right
- 15&16 Step back on right, step left to left, cross left over right

TWIST $\frac{1}{4}$ TURN, KICK BALL STEP, MAMBO, $\frac{1}{2}$ SHUFFLE TURN

- 17&18 Twist heel right, left, right, making $\frac{1}{4}$ turn left (6:00)
- 19&20 Kick right foot forward, step right by left, step forward on left
- 21&22 Rock forward on right, recover on left, step back on right foot
- 23&24 Make $\frac{1}{2}$ shuffle turn left stepping left, right, left

CROSS, BACK, SYNCOPATED WEAVE, $\frac{1}{4}$ TURN, STEP, $\frac{1}{2}$ PIVOT, STEP

- 25-26 Cross right over left, step back on left
- &27 Step right by left, cross left over right

- &28** Step right to right, cross left behind right
- 29** Making $\frac{1}{4}$ turn right step forward on right (3:00)
- 30-31** Step forward on left, $\frac{1}{2}$ pivot right (9:00)
- 32** Step left by right

PART B

SCUFF, HITCH, STEP TWICE, CHUG FORWARD

- 1&2** Scuff right by left, hitch right, step right to right
- 3&4** Scuff left by right, hitch left, step left to left
- 5-6** Legs should be bowed as if astride a saddle chug forward

Arms out to front as if riding a horse

- 7-8** Chug forward

Arms out to front as if riding a horse

SAILOR STEP, BEHIND, SIDE, CROSS, PADDLE TURNS WITH HIP BUMPS

- 9&10** Cross right, behind left, step left to left, step right by left
- 11&12** Cross left behind right, step right to right, cross right over left

The following hip bumps are to be done with attitude

- 13&** Making $\frac{1}{8}$ th turn left touch right to side pushing right hip out, bump hip to left
- 14&** Making $\frac{1}{8}$ th turn left touch right to side pushing right hip out, bump hip to left (6:00)
- 15&** Making $\frac{1}{4}$ turn left touch right to side pushing right hip out, bump hip to left (3:00)
- 16** Making $\frac{1}{4}$ turn left touch right to side pushing right hip out (12:00)

HEEL JACK, STEP, CROSS, SHUFFLE, HEEL JACK, HEEL SWITCH, STEP, $\frac{1}{2}$ PIVOT

- &17** Step right to right, cross left over right
- &18** Step diagonally back on right, extend left heel to diagonal
- &19** Step left by right, cross right over left
- &20** Step left to left, cross right over left
- &21** Step diagonally back on left, extend right heel forward
- &22** Step right by left, touch left heel forward

&23-24 Step left by right, step forward on right, ½ pivot left (6:00)

SCUFF, HITCH, STOMP, HOLD HIP BUMPS, WALK

25 Step forward on right

26&27 Scuff, hitch left past right, stomp forward with left

"Save a horse"

28 Hold

29&30 Bump hips left, left, left - with attitude

"Ride a cowboy"

31-32 Step forward on right, step forward on left

SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK

33&34 Scuff, hitch right past left, stomp forward with right

35-36 Hold

"Save a horse"

37&38 Bump hips right, right - with attitude

"Ride a cowboy"

39-40 Walk forward right, left

End of Part B

ENDING

At the end of the song there are extra counts. Add this tag

WALK, SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK, SCUFF, HITCH, STOMP. HOLD, POSE

1&2 Scuff, hitch right past left, stomp forward with right

3-4 Hold

"Save a horse"

5&6 Bump hips right, right - with attitude

"Ride a cowboy"

7-8 Walk forward right, left

9&10 Scuff, hitch right past left, stomp forward with right

11-12 Hold

"Save a horse"

13-16 Hip roll & pose - with attitude

"Ride a cowboy"