

U A Freak (□□□□)

LINEDANCE.COM

Count: 48 **Wall:** 2 **Level:** Beginner

Choreographer: Amy Spencer (Jan 08)

Music: U A Freak by Chingy

□□□ Intro: 32 Counts 32□□□□

□□□

Stomp Knee In Out x4 □□ □□ □□ □□

1&2

Stomp R fwd, turn knees inwards, recover

□□□□ , □□□□ , □□□□

3&4

Stomp L fwd, turn knees inwards, recover

□□□□ , □□□□ , □□□□

5&6 7&8

Repeat counts 1&2 3&4 above. □□□□□

□□□

Hit, Hit, Switch, Hit, Hit, Clap,

Palms Down, Up, Down, Snap, Snap

□ , □ , □□□ , □ , □ , □□ , □□□ , □ , □ , □□ , □□

1&

Push both hands fwd (aka. Paddy Cake)

□□□□

2&

R palm face down and L palm face up, R palm face up and L palm face up

□□□□ & □□□□ , □□□□ & □□□□

3&

Push both hands fwd (aka. Paddy Cake) □□□

4

Clap □□

5&6

Palms clap down on top of elbows, back of palms clap together, palms

clap down on top of elbows

□□□□□□□□ , □□□□□□ , □□□□□□□□ ,

7 8

Open arms half way and snap then continue to open arms and snap again

□□□□□□□□ , □□□□□□□□□□

□□□

Kick, Kick, Coaster Step, Walk Fwd,

Open Side, Arms Swing

□ , □ , □□□ , □ , □ , □□□□ , □□□□

123&4

Kick R fwd twice (in contra position connect with person) , Coaster Step

□□□□□□□□ , □□□

5-8

Continue to move fwd step L fwd, step R to R, swing R arm in a big

circle front to back to end on R butt, repeat L arm

□□□□ , □□□□ , □□□□□□□□□□ , □□□□□□□□□□

□□□

Body Pops x4, Slide Step, Step touch

□□□□ 4□ , □□ , □□

1-4

Keeping hands on butt and feet open pop upper body to R-L-R-L

□□□□□ , □□□□ 4□ -□ , □ , □ , □

5-8

Slide R to R, step L beside R, step R back, touch L beside R

□□□□ , □□□□ , □□□□ , □□□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Slide Step, Step, touch, Step Snake hitch, Snake hitch

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1-4

Slide L to L, step R beside L, step L fwd, touch R beside L

□□□□ , □□□□ , □□□□ , □□□□

5-8

Step R to R while snaking upper body to R, hitch L, step L to L while

snaking upper body to L, hitch R

□□□ (□□□), □□□ , □□□ (□□□), □□□

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mso-font-kerning:0pt">Triple Step, Triple Step, ½ R Triple Step, Hop, Kick

Ball-Change

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□ □

1&23&4

Triple step fwd on R-L-R, triple step fwd on L-R-L

□□□ -□ , □ , □ , □□□ -□ , □ , □

5&67&8

½ R triple step turn, hop on L while kick R fwd, step R down, step L

beside R. □□□ 180□ , □□□□□□ , □□□ , □□□