

FOOL NO MORE

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Count: 48 **Wall:** 4 **Level:** intermediate

Choreographer: Gary Steele & Angela Palmer

Music: Fool No More by S Club 8

1&2 Kick forward on the right, ball-step left forward
3&4 Point right to right side, bring right together, point left to side
5&6 Kick forward on the left, ball-step right forward
7&8 Point left to left side, bring left together, point right to side

1-2 Rock right out to side, recover
3&4 Behind-side cross
5-6 Side left, bring right together
7&8 Chasse to left making a $\frac{1}{4}$ turn to the left

1-2 Step forward on right, $\frac{1}{2}$ pivot over left shoulder
3&4 Shuffle forward on the right
5&6 Heel dig with left, bring left together, heel dig right
&7 Bring right together, heel dig left
8 Clap hands

1&2 Sailor left
3&4 Sailor right
5-6 Left toe dig behind right, unwind $\frac{1}{2}$ turn over left shoulder
7&8 Crossing shuffle with the right

1-2 Body roll to the left, touch right next to left

- 3-4 Body roll to the right, touch left next to right
- 5-6 Step left diagonally forward, bring right together and touch
- 7-8 Step right diagonally forward, bring left together and touch

- 1-2 Rock forward on the left, recover
- 3-4 Two moonwalks back (left, right)
- 5&6 Coaster left
- 7&8 Two walks forward right left

REPEAT

RESTART

On the 6th wall (9:00) near the end of the dance you will do your left coaster and then you will walk forward right. On the '&' count bring left foot next to right so you can restart the dance again

ALTERNATIVES

Instead of a behind-side cross, you can do a full turn cha-cha. On the moonwalks back you can just walk back for 2. With the body rolls you can just step to the side and touch