

SWING THE MOOD

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Count: 96

Wall: 4

Level: Intermediate

Choreographer: William Ambrose

Music: Tracks 43-54 by Jive Bunny & The Mastermixers

RIGHT AND LEFT STRUTS FORWARD, TOE HEEL SWIVELS TRAVELING RIGHT

- 1-2 Step right toe forward, step right heel down
- 3-4 Step left toe forward, step left heel down
- 5 Touch right toe beside left while twisting left heel to right side
- 6 Touch right heel beside left while twisting left toe to right side
- 7-8 Repeat 5-6

SIDE ROCK, CROSS CLAP TWICE

- 9-10 Rock right to right side, rock left in place
- 11-12 Cross right over left, clap
- 13-16 Repeat 9-12 on left leg

SIDE BEHIND, ¼ TURN HOLD, FULL TURN RIGHT HOLD

- 17-18 Step right to right side, step left behind right
- 19-20 Step right a ¼ turn right, hold
- 21 Step left over right while turning a ½ turn right, (your left foot will end up beside right foot)
- 22 On ball of left turn a ½ turn right stepping right foot forward
- 23-24 Step left forward, hold

SIDE ROCK TWICE, WEAVE HOLD

- 25-26 Rock right to right side, rock left in place
- 27-28 Repeat 25-26
- 29-30 Step right over left, step left to left side,
- 31-32 Step right behind left, hold
- 33-40 Repeat 25-32 on left leg

SIDE BEHIND, ¼ TURN HITCH, FORWARD HITCH, BACK HOOK

- 41-42 Step right to right side, step left behind right,

- 43-44 Step right a $\frac{1}{4}$ turn right, hitch left up behind right
- 45-46 Step left forward, hitch right up behind left
- 47-48 Step right back, hook left up in front of right

LOCK STEPS FORWARD SCUFF TWICE

- 49-50 Step left forward, lock right behind left,
- 51-52 Step left forward, scuff right foot forward
- 53-56 Repeat 49-52 on right leg

STEP FORWARD TOUCH, $\frac{1}{4}$ TURN CROSS TOUCH, CROSS STEPS WITH "BOBS"

- 57-58 Step left forward, touch right toe behind left
- 59-60 Step right back while turning a $\frac{1}{4}$ turn left, cross touch left toe over right,
- 61-62 Step left to left side, step right behind left bending knees down
- 63-64 Step left to left side bending knees up, step right behind left bending knees down,

$\frac{1}{4}$ TURN HITCH WITH $\frac{1}{2}$ TURN, STEP BACK HITCH WITH $\frac{1}{2}$ TURN, STEP FORWARD HITCH TWICE

- 65 Step left a $\frac{1}{4}$ turn left
- 66 On ball of left turn a $\frac{1}{2}$ turn left hitching right leg up
- 67 Step right back
- 68 On ball of right turn a $\frac{1}{2}$ turn left hitching left leg up
- 69-70 Step left forward, hitch right leg up
- 71-72 Step right forward, hitch left leg up

MAMBO ROCK FORWARD HOLD, MAMBO ROCK BACK HOLD

- 73-74 Rock left forward, right back
- 75-76 Step left beside right, hold
- 77-78 Rock right back, left forward
- 79-80 Step right beside left, hold

RAMBLE LEFT AND RIGHT WITH CLAPS

- 81-82 Swivel both heels left, both toes left
- 83-84 Swivel both heels left, clap

85-88 Repeat to right side

MONTEREY ½ RIGHT, MONTEREY ¼ RIGHT

89 Touch right toe to right side,

90 On ball of left turn a ½ turn right stepping right beside left

91-92 Touch left toe to left side, step left beside right

93-96 Repeat 89-92 but do a ¼ turn instead of a ½ turn right

REPEAT

Tracks 43-54 all merge into each other and they only last 4:35 altogether. The tracks are also available on The Biggest Party on the Planet by Jive Bunny and the Mastermixers on CD3. The music is only slightly shorter than the Rock 'N' Roll Dance Party CD. The tracks both start at the same time after the words C'mon Everybody. When using the Rock 'N' Roll Dance Party CD, on the last 4 counts on the music change the 2 Monterey turns at the end of the dance to one full Monterey turn. You should end up at the wall you originally started at.