

U CHOOSE!

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Count: 32

Wall: 4

Level: Intermediate level

Choreographer: Julie Carr

Music: Illegal by Shakira (Album: Oral Fixation Vol 2)

Start when heavy beat kicks in. She sings (you don't even know) (1 restart with Shakira, track) Or Music: Bozz Scaggs - Sierra (no Restart) No First Choice, as both tracks are great in my opinion U,CHOOSE

R Back, L cross, R coaster, L Forward rock quarter turn, L half turn, Touch L toe back.

1-2 R, long step back. Slide Left over R. (Weight on Left)

2&3 R, Coaster step.

5&6 Left Forward rock, recover back onto R, as you make a $\frac{1}{4}$ turn Left.

7-8 Make a half turn Left, as you step back on to right. Weight on R, Touch L toe back (on 8)

L, Ball Step, R Half turn, R Triple Full Turn, Quarter turn L, L half turn

&1-2 L toe still back. L ball step forward onto right, make $\frac{1}{2}$ turn Right As you step back Onto left.

3&4 Make a Triple Full turn R, Traveling back R, L, R. (Weight on R)

5-6 Make a quarter turn left, Stepping Forward onto L, Step R to R. (Turn upper body left as you put weight on L)

7&8 Make half turn Left, = L over R, make $\frac{1}{4}$ turn left stepping back on R. $\frac{1}{4}$ turn left as you Step L-to-L side. (Face back wall)

Turn R, L& R cross rock steps, Touch L, Sweep $\frac{1}{4}$ turn L, L Rock recover on R, L Step lock, Step forward.

1&2 Make $\frac{1}{2}$ turn R= R over L, Make $\frac{1}{4}$ turn as you stepping back onto L, $\frac{1}{4}$ turn R as you Step R to R.

3&4 Slow casual, Cross Rock L over R, weight on R, Long step to L

5&6 Slow casual, Cross Rock R over L, weight on L, Long step to R

7-8 Touch L toe across R, & Sweep it round as you make a $\frac{1}{4}$ turn left. (Face 3 O'clock)

Left rock back, Step lock step forward , R Rock $\frac{1}{2}$ Turn , R-Side rock Recover.

1-2 Rock back onto L behind R, Then step forward onto R, weight on R.

3&4 Left step forward lock R behind L, step forward on L

5&6 Rock forward on R recover onto L as you make a ½ Turn R.

7- ½ Turn R as you step back on L.

8 & Rock R out to R, & Recover onto L. READY TO RESTART.

RE-START FOR Shakira Track: ((very easy)) Wall 2, Dance section 1 up to count 7 , count Step back on L. Re-start dance. (Dance with a very casual attitude)) Website: www.the-dance-studio.co.uk, E-mail: carrjuol@aol.com