

# UP UP UP

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**Count:** 92      **Wall:** 2      **Level:** advanced

**Choreographer:** The Kidz

**Music:** Up! by Shania Twain

## **¼ RIGHT & TAP, ½ RIGHT & TAP, ¼ RIGHT & TOUCH, SIDE & TOUCH**

**&1&2** Turn ¼ turn right step forward on right & tap left toe behind right, turn ½ turn right step back on left

**&** Tap right toe across in front of left

**&3&4** Turn ¼ turn right step forward on right & touch left behind right, step left to left side & touch right toe to side

## **RIGHT SAILOR STEP, BEHIND, TURN ¼ RIGHT, TURN ½ RIGHT**

**5&6** Step right behind left, step left to left side, step right to right side

**7&8** Step left behind right, turning ¼ turn right step forward on right, turning ½ turn right step back on left

## **RIGHT COASTER STEP LEFT SIDE & CROSS, RIGHT SIDE & TOGETHER, HEEL BOUNCES**

**1&2** Step back on right, step left beside right, step forward on right

**3&4** Rock/step left to left, replace weight to right, cross/step left over right

**5&6** Rock/step right to right, replace weight on left, step right beside left

**7-8** Double heel bounces

## **TOUCH, KNEE ROLL, & TOUCH, KNEE ROLL, & CROSS, UNWIND, BACK, FORWARD, TOGETHER**

**1-2** Touch right toe to right side, roll right knee to the right taking weight on right

**&3-4** Step left beside right, touch right toe to right side, roll right knee to the right (weight on left)

**&5-6** Step right to right side, touch left toe behind right, unwind ½ turn left (weight on left)

**7&8** Rock back on right, rock forward on left, touch right toe beside left

## **& CROSS, UNWIND, & CROSS, UNWIND, HIP BUMPS**

**&1-2** Step right to right side, cross left over right, unwind ½ turn right (weight on right)

**&3-4** Step left to left side, cross right over left, unwind ½ turn left (weight even)

5-6 Double hip bump right back

7&8 Hip bump forward left, hip bump back right, hip bump forward left

### **Variation to hip bumps, slow body roll down, reverse body roll up**

#### **RIGHT MONTEREY FULL TURN, SCUFF, STEP, REVERSE HEEL SPLITSS**

1-4 Touch right toe to right side, turn full turn right stepping right beside left, touch left toe to left side, step left beside right

5-6& Scuff right forward in an arc ( $\frac{1}{2}$  circle), step right to side, twist toes out keeping heels on floor

7&8 Twist toes back to center, twist toes out keeping heels on floor, twist toes back to center

#### **& CROSS, $\frac{3}{4}$ TURN, SPLIT STEP, SPLIT STEP, SPLIT STEP, SCUFF**

&1-2 Step right to right side, touch left behind right, unwind turn  $\frac{3}{4}$  turn left (weight on left)

&3 Step back on ball of right, step forward on left,

4&5 Step right beside left, step back on ball of left, step forward on right

6 Step left beside right

&7-8 Step back on ball of right, step forward on left, scuff right foot forward

#### **STOMP, HEEL CLICK, $\frac{1}{4}$ TURN RIGHT & LEFT, DOROTHY STEPS, STEP FORWARD RIGHT, $\frac{1}{2}$ RIGHT**

1&2 Stomp right beside left, turn heels out, click heels together

3-4& Turning  $\frac{1}{4}$  turn right step forward on right, lock left behind right, step ball of right beside left

5-6& Step forward on left, lock right behind left, step ball of left beside right

7-8 Step forward on right, turn  $\frac{1}{2}$  turn right step back on left

#### **$\frac{1}{2}$ RIGHT, $\frac{1}{2}$ RIGHT, ROCK BACK & TOGETHER, SIDE & BEHIND, SIDE & BEHIND**

1-2 Turn  $\frac{1}{2}$  turn right step forward on right, turn  $\frac{1}{2}$  turn right step back on left

3&4 Rock back on right, rock forward on left, touch right beside left

5&6 Rock/step right to right, replace weight on left, cross/step right behind left

7&8 Rock/step left to left, replace weight on right, cross/step left behind right

#### **& STEP HITCH $\frac{1}{4}$ RIGHT, ROCK BACK, LEFT $\frac{1}{2}$ MONTEREY TURN, CROSS SHUFFLE**

&1-2 Step ball of right to right, step left to left side, hitch right knee

- 3-4** Turn ¼ turn right on left with right knee hitched, step back on right
- 5&6** Touch left toe to left side, turn ½ turn left stepping left beside right, touch right to right side
- 7&8** Cross shuffle over left stepping right-left-right

### **SIDE, ½ TURN, CROSS SHUFFLE, SIDE ROCK, REPLACE, TOUCH & HEEL**

- 1-2** Step left to left side, turn ½ turn right stepping right to right side
- 3&4** Cross shuffle over right stepping left-right-left
- 5-6** Rock/step right to right side, replace weight on left
- 7&8** Touch right toe behind left, step right behind left, touch left heel forward

### **& HEEL & TOUCH, SIDE, REPLACE, LEFT SAILOR STEP, KICK & TOUCH**

- &1&2** Step left beside right, touch right heel forward, step right in front of left, touch left toe behind right
- 3-4** Rock step left to left side, replace weight on right
- 5&6** Left sailor step
- 7&8** Kick right foot forward, step right beside left, touch left toe to left side

### **KICK & TOUCH, RIGHT KNEE ROLL, LEFT KNEE ROLL**

- 1&2** Kick left foot forward, step left beside right, touch right to right side
- 3-4** Roll right knee out taking weight to right, roll left knee out taking weight to left

**REPEAT**

**RESTART**

**On wall 3 dance up to count 27 (& cross unwind). Replace ½ turn with ¼ left unwind, do the hip bumps, then restart dance from count 1 facing back wall.**