

# SADDLEBRED SWING

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**Count:** 48      **Wall:** —      **Level:** —

**Choreographer:** Susan Brooks

**Music:** Any Medium Tempo Swing about 130 BPM

**Position:** Start in Side by Side position

## LADIES' STEPS

### WEST COAST BASIC WITH TWO STEPS FORWARD

- 1-2      Step right forward, left
- 3-4      Tap right next to left step back right
- 5&6      Step left back, (&)right, step left forward
- 7-8      Step right forward, left

### EAST COAST SWING BASIC

**Hands will be left over right**

**1&2¼ turn to right-right-left-right**

**3&4½ turn to right left-right-left facing inside LOD**

- 5-6      Rock back on right forward on left

### EAST COAST BASIC

**Lady ends up behind man**

**1&2¼ turn right right-left-right**

- 3&4      In place left-right-left
- 5      Rock to right, look at man
- 6      Rock to center with left
- 7      Step right
- 8      Rock to left with left, look at man
- 9      Rock to center with right
- 10      Step left

## TRIPLE TWO BASIC

**Lady goes under mans right arm into side by side**

- 1&2 Forward right-left-right
- 3&4 Forward left-right-left
- 5-6 Step right forward, left

## SHUFFLES FACING, BACK LOD, FACING, FORWARD LOD

**Maintain arm position, this is a progressive movement down LOD**

- 1&2 Right-left-right  $\frac{1}{4}$  left to face man
- 3&4 Left-right-left  $\frac{1}{4}$  left to back LOD
- 5&6 Right-left-right  $\frac{1}{4}$  right to face man
- 7&8 Left-right-left  $\frac{1}{4}$  right to forward LOD
- 9-10 Step right forward, left

## LINDY BASIC TO FACE EACH OTHER AND RETURN TO FORWARD, LOD

- 1&2 Right-left-right  $\frac{1}{4}$  left to face man
- 3-4 Rock back left forward right
- 5&6 Left-right-left  $\frac{1}{4}$  right to face LOD
- 7-8 Rock back right forward left

## REPEAT

## MEN'S STEPS

## WEST COAST BASIC WITH TWO STEPS FORWARD

- 1-2 Step left forward, right
- 3-4 Tap left next to right, step back with left foot
- 5&6 Step back with right, (&)left, step right forward
- 7-8 Step left forward, right

## EAST COAST SWING BASIC

**Hands will be left over right**

- 1&2 Turning  $\frac{1}{4}$  to right, left arm over ladies head

3&4 Right-left-right in place facing outside LOD

5-6 Rock back on left forward on right

### **EAST COAST BASIC**

#### **Lady ends up behind man**

1&2 Left-right-left turns  $\frac{1}{4}$  left, hands over head

3&4 Right-left-right in place, hands joined at hips

5 Rock to left, look at lady

6 Rock to center with right

7 Step left

8 Rock to right with right, look at lady

9 Rock to center with left

10 Step right

### **TRIPLE TWO BASIC**

#### **Lady goes under mans right arm into side by side**

1&2 Forward left-right-left

3&4 Forward right-left-right

5-6 Step left forward, right

### **SHUFFLES FACING, BACK LOD, FACING, FORWARD LOD**

#### **Maintain arm position, this is a progressive movement down LOD**

1&2 Left-right-left  $\frac{1}{4}$  right to face lady

3&4 Right-left-right  $\frac{1}{4}$  right to back LOD

5&6 Left-right-left  $\frac{1}{4}$  left to face lady

7&8 Right-left-right  $\frac{1}{4}$  left to forward LOD

9-10 Step left forward, right

### **LINDY BASIC TO FACE EACH OTHER AND RETURN TO FORWARD, LOD**

1&2 Left-right-left  $\frac{1}{4}$  right to face lady

3-4 Rock back right forward left

**5&6** Right-left-right ¼ left to face LOD

**7-8** Rock back left forward right

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=36991](https://www.linedance.com/index.php?f=dance_view&id=36991)