

Heartbeat

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Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Stephen Pistoia - Feb 2017

Music: Heartbeat by Drake White (iTunes)

Intro: 32 counts

(1-8) WALK,WALK, JAZZ BOX, SHUFFLE RT

1-2step RF forward, LF forward

3-4cross RF over LF, step LF out to L

5-6step RF next to LF, cross LF over RF

7&8step RF out to R, step LF next to R, step RF out to R

(9-16) ROCK BACK, SHUFFLE LT ¼ TURN R ,ROCK RECOVER, KICKBALL CHANGE

1-2rock LF behind RF, recover on RF

3&4step LF to out L, making ¼ turn right,step RF next to LF, step LF back (3o'clock)

5-6rock RF back, recover on LF

7&8kick RF forward, step RF next to LF, step LF next to RF

(Optional stomp,stomp at the end of wall 2 for 7-8 to represent a heartbeat, fun for wood floor)

Restart here on walls 2,4

(17-24) MONTEREY R, ROCK FORWARD, ROCK RECOVER FORWARD AND OUT

1-2point RF out to RT, step RF next to LF

3-4making ¼ turn point LF out to LF, step LF next to RF

5-6rock forward on RF, recover on LF

7-8rock RF out to RT, recover on LF

(25-32) AND ROCK RECOVER OUT TO LEFT, BACK ROCK ,WALK,WALK,STOMP, HOLD

&1-2step RF next to LF taking weight on RF and point LF out to LT and rock back on RF

3-4rock back on LF, recover on RF

5-6step LF forward, step RF forward

7-8stomp LF, and hold on eight

Have fun! any questions: pistoiias@ymail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=116384