

TENDER HEART

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Count: 48 **Wall:** — **Level:** —

Choreographer: Calvin & Patricia Finch

Music: Just A Kiss by Steve Holy

Position: Start The Dance In Country Western Closed. Man Facing OLOD

MAN'S STEPS:

1-2 Rock forward on left, recover weight on right

3&4 Side shuffle to the left (left, right, left)

5-6 1/4 rolling two step turn to the left stepping right, left

Now facing LOD

7&8 Forward shuffle right (right, left, right)

Drop both hands for the rolling turn, pick up inside hold for the shuffle

1-2 Rock forward on left, recover weight on right

&3&4 1/4 turn left, left shuffle away from partner

5-6 Step forward on right, pivot 1/2 turn left

7&8 Right shuffle towards partner (right, left, right)

At the end of counts 7&8 you will adopt the country and western closed position

1-2 Side rock left foot (push hips), recover on right

3&4 Triple step on spot (left, right, left)

5-6 Side rock right foot (push hips), recover on left

7&8 Triple step 1/4 turn left on the spot (right, left, right)

On the 1/4 and 3/4 turns drop right hand man's left lady's. After turn adopt western closed

- 1-2 Step forward left, lock right behind
3&4 Step forward left shuffle (left, right, left)
5-6 Step forward right, lock left behind
7&8 Step forward right shuffle (right, left, right)

- 1-2 Small walk forward left, right
3&4 Left shuffle forward (left, right, left)
5-6 Walk forward right, left
7&8 Right shuffle back (right, left, right)

On count 1-2 drop right hand (lady's left). Lift left hand so lady can turn. Adopt closed position

- 1-2 Left rock forward, recover onto right
3&4 Triple step $\frac{1}{4}$ turn right (left, right, left)
5-6 Side rock right, recover onto left
7&8 Triple on the spot (right, left, right)

On count 3&4 drop right hand (lady's left). After turn adopt closed western hold

REPEAT

LADY'S STEPS

- 1-2 Rock back on right, recover on left
3&4 Side shuffle to the right (right, left, right)
5-6 $\frac{1}{4}$ rolling two step turn to the right stepping left, right
7&8 Forward shuffle left (left, right, left)

Drop both hands for the rolling turn, pick up inside hold for the shuffle

- 1-2 Rock forward on right, recover weight on left

&3&4¹/₄ turn right, right shuffle away from partner

5-6 Step forward on left, pivot $\frac{1}{2}$ turn right

7&8 Left shuffle towards partner (left, right, left)

At the end of counts 7&8 you will adopt the country and western closed position

1-2 Side rock right foot (push hips), recover on left

3&4 Triple step on spot (right, left, right)

5-6 Side rock left foot (push hips), recover on right

7&8 Triple step $\frac{3}{4}$ turn right on the spot (left, right, left)

On the $\frac{1}{4}$ and $\frac{3}{4}$ turns drop right hand man's left lady's, after turn adopt western closed

1-2 Step back right, lock left in front

3&4 Step back right shuffle (right, left, right)

5-6 Step back left, lock right in front

7&8 Step back left shuffle (left, right, left)

1-2 Full turn to the right over two steps stepping right, left

3&4 Right shuffle back (right, left, right)

5-6 Walk back left, right (or full turn to the left)

7&8 Left shuffle back (left, right, left)

On count 1-2 drop right hand (lady's left) lift left hand so lady can turn. Adopt closed position

1-2 Right rock back, recover onto left

3&4 Triple step $\frac{3}{4}$ turn left (right, left, right)

5-6 Side rock left, recover onto right

7&8 Triple on the spot (left, right, left)

On count 3&4 drop right hand (lady's left). After turn adopt closed western hold

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=42368