

# PICK ME NIGEL

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**Count:** 44

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Craig Cooke

**Music:** Pure And Simple by Hear'say

**The choreographer was age 15 when this dance was created.**

## MAMBO ROCKS

- 1&2** Rock out to right side onto right foot, rock back onto left & touch right beside left
- 3&4** Rock out to left side onto left foot, rock back onto right & touch left beside right
- 5&6** Rock forward on right, rock back onto left, step right beside left
- 7&8** Rock back onto left foot, rock forward onto right foot, step left beside right

## CHASSE $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN RIGHT JUMP & STOMP

- 9&** Step right to right side, close left beside right
- 10** Step right making  $\frac{1}{4}$  turn to right
- 11&12** Step left foot forward making  $\frac{1}{2}$  pivot turn to right side
- 13-14** Jump back onto right, jump forward onto left and touch right beside left (with no weight)

## WEAVES LEFT & RIGHT

- 1&2** Step left to left side, cross right behind left, step left to left side
- 3-4** Cross right over left, point left to left side (hold for one beat)
- 5&6** Step right to right side, cross left behind right, step right to right side
- 7-8** Cross left over right, point right to right side (hold for two beats)

## LEFT SAILOR STEP, $\frac{1}{4}$ TURN TO RIGHT, $\frac{1}{2}$ PIVOT TURN TO RIGHT SIDE, RIGHT LOCK STEP, LEFT MAMBO ROCK FORWARD

- 1&2** Cross left behind right, step right to right side, stepping  $\frac{1}{4}$  turn to your right side
- 3&4** Step left foot forward and pivot  $\frac{1}{2}$  turn to right side
- 5&6** Step forward on right foot, lock left behind right, step forward on right
- 7&8** Rock forward on left, back on right. Step left beside right

## MAMBO TO RIGHT SIDE, LEFT SHUFFLE FORWARD, $\frac{1}{2}$ PIVOT TURN LEFT, RIGHT LOCK STEP

- 9&10** Rock out to right side on right foot, rock back onto left foot, touch right beside left
- 11-12** Step forward on left foot, close right beside left, step forward onto left foot
- 13&14** Step forward right and make a ½ pivot turn to the left
- 15&16** Step forward right, lock left behind right, step forward onto right foot

**MAMBO TO LEFT SIDE, RIGHT SHUFFLE FORWARD, ½ PIVOT TURN TO LEFT, LEFT LOCK STEP**

- 17-18** Rock to left side onto left foot, rock back onto right foot and touch left beside right
- 19-20** Step forward onto right foot, close right beside left, step forward left
- 21&22** Step left forward, pivot ½ turn to the right side
- 23&24** Step forward onto left foot, lock right behind left, step forward right

**REPEAT**