

Tai Yang Gu

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Count: 84

Wall: 2

Level: Phrased Intermediate

Choreographer: China Line Dance Sport Promotion Centre (CLDSPC), Nov. 2014

Music: Sun Drum by A You Duo

Sequence: AT1BBT2C/AT1BBT2C/AT1BBC*(1-24) C*(1-24) /Ending

Intro: 16 counts

PART A 32counts

Sec A1: forward, recover, together, bend
knees, forward, flick, back, hitch, forward, flick, back

1 2 3 4 step left forward and sway left shoulder forward, recover to right, step left together bending and straightening knees, bend and straighten knees

5 & step right forward flick left back

6 & step left back hitch right up

7 & 8 step right forward flick left back step left back and flick left out

Sec A2: run forward slightly x6, 1/2 turn, run forward slightly x6

1 & 2 run right forward slightly, run left forward slightly, run right forward slightly

3 & 4 run left forward slightly run right forward slightly run left forward slightly

5-8 turn 1/2 left repeat 1-4 6 00

Sec A3: side, upper body turn, turn 1/4 recover, kick ball, recover, kick ball, recover, kick ball, together

1-4 step right to side bend knees upper body turn right from left to back 2

5 turn 1/4 right recover to left kick right ball forward and drop 9 00

6 recover to right kick left ball forward and drop

7 recover to left kick right ball forward and drop

8right together ,bend knees.

Sec A4: forward diagonal,forward,forward,turn 1/4 together,kick ball forward and drop (X3),together

1 2 3step right forward diagonal right,the upper body lean back,step left forward,step right forward 10 30

4turn 1/4 right step left together,bend knees 1 30

5 6kick right ball forward and drop,kick left ball forward and drop

7 8kick right ball forward and drop,step left together and bend knees

PART B 20counts

Sec B1: turn 1/4 left, forward and flick back (X6), turn 1/4 left , forward and flick back (X6),

1&2turn 1/4 left step left forward and flick right back, step right forward flick left back, step left forward and flick right back

3&4step right forward and flick left back, step left forward and flick right back, step right forward and flick left back

5&6turn 1/4 left step left forward and flick right back, step right forward and flick left back, step left forward and flick right back

7&8step right forward and flick left back, step left forward and flick right back, step right forward and flick left back

Sec B2: side, recover, jump, drop, recover, recover, together, side, recover, jump, drop

1step left to side, hands like beating a drum

2&3recover to right, jump feet in place, drop and bend knees, hands like beating a drum

4recover to left, hands like beating a drum

5&6recover to right, step left together, step right to side

7&8recover to left, jump feet in place, drop and bend knees, hands like beating a drum

Sec B3: jump, drop, jump ,drop

1, 2 jump feet in place and look up, drop and bend knees, lower your head

3, 4 repeat 1, 2

3, 4 repeat 1, 2

PART C 32 counts

Sec C1: side, cross rolling vine, kick ball

1, 2 step right to side bending knees slightly and lean upper body to left side slightly, (face to 6:00), step left cross right,

3, turn 1/4 right step right to side, (3:00)

4 turn 3/4 right step left right, (12:00)

5 step right to right

6 kick left foot ball hopping right

Sec C2: side, cross rolling vine, kick ball

1, 2 step left to side bending knees slightly and lean upper body to right side slightly, step right cross left

3, 4, 5 turn 1/4 left step left to side, turn 3/4 left step right beside left step left to side,

6 kick right foot ball hopping left (face to 12:00)

Sec C3: back diagonal, cross rolling vine, kick ball

1, 2 step right back diagonal right bending knees slightly and lean upper body to left side slightly, (go toward 4:30) , step left cross right,

3, 4, 5 turn 1/4 right step right to side, turn 3/4 right step left beside right step right to side
6:00

6 kick left foot ball hopping right

Sec C4: back diagonal, cross rolling vine, kick ball

1, 2step left back diagonal left bending knees slightly and lean upper body to right side slightly,(go toward 1:30), step right cross left

3,4,5turn 1/4 left step left to side, turn 3/4 left step right beside left □ step left to side, (face to 6 □ 00)

6kick right foot ball hopping left

Sec C5: side, cross □ rolling vine, kick ball, side,

1, 2step right to side bending knees slightly and lean upper body to left side slightly, (face to 12:00), step left cross right

3,4,5turn 1/4 right step right to side, turn 3/4 right step left beside right □ step right to side

6kick left foot ball hopping right (face to 6:00)

Sec C6: side, 1/2 turn together

1,2step left to side, turn 1/2 left step right together (face to 12:00)

Note: Its outline roughly forms an equilateral triangle when dancing Part C

Tag 1 □ 16counts □

Sec T1-1: side, together, side, extend knee, touch cross, side, together, side ,extend knee, touch cross

1, 2step right to side bending and extending knees, step left together bending and extending knees

3&4step right to side bending knee, extend right knee, touch left cross right

5, 6step left to side bending and extending knees,step right together bending and extending knees

7&8step left to side bending knee, extend left knee, touch right cross left

Sec T1-2: side, together, side, extend knee, touch cross, side, hop and hitch, side, hop and hitch, side, hop and hitch, side

1,2step right to side bending and extending knees, step left together bending and extending knees

3&4step right to side bending knee, extend right knee, touch left cross right

5&step left to side, hop left and hitch right

6&step right to side, hop right and hitch left

7&8step left to side, hop left and hitch right, step right in place.

Tag 2☐☐ 16counts☐

Sec T2-1: side, together, side, extend knee, touch cross, side, together, side, extend knee, touch cross

1, 2step right to side bending and extending knees, step left together bending and extending knees

3&4step right to side bending knee, extend right knee, touch left cross right

5,6step left to side bending and extending knees, step right together bending and extending knees

7&8step left to side bending knee, extend left knee, touch right cross left

Sec T2-2: side, together, side, extend knee, touch cross, (x2)

1,2right and step right to side bending and extending knees, step left together bending and extending knees

3&4step right to side bending knee, extend right knee, touch left cross right

5, 6step left to side bending and extending knees, step right together bending and extending knees

7&8step left to side bending knee, extend left knee, touch right cross left

Please refer to the video for details of arms movement.

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