

SWEET HOME ALABAMA

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Count: 48

Wall: 4

Level: Beginner/Intermediate level

Choreographer: Teri Rogers

Music: Sweet Home Alabama by Lynyrd Skynyrd [CD: All Time Greatest Hits]

VINE RIGHT, HEEL JACK, CLAP, BALL-CROSS, STEP, CROSS BEHIND, STEP LEFT

- 1-2 Step right to right side, step left behind right
- &3-4 Step right to right side, touch left heel to left side (slightly toward front), clap
- &5-6 Step on ball of left foot, cross right over left, step left next to right
- 7-8 Cross right behind left, step left to left side

KICK-BALL-CHANGE, KICK-BALL-CHANGE, VINE RIGHT, TOUCH

- 1&2 Kick right foot forward, step on ball of right foot, step left next to right
- 3&4 Kick right foot forward, step on ball of right foot, step left next to right
- 5-6 Step right to right side, cross left behind right
- 7-8 Step right to right side, touch left next to right

KICK BALL-CHANGE, KICK-BALL-CHANGE, VINE LEFT, TOUCH

- 1&2 Kick left foot forward, step on ball of left foot, step right next to left
- 3&4 Kick left foot forward, step on ball of left foot, step right next to left
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, touch right next to left

SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, RIGHT SAILOR, LEFT SAILOR

- 1-2 Rock right to right side, recover on left
- 3-4 Cross rock right over left, recover on left
- 5&6 Cross right behind left, step left to left side, step right next to left
- 7&8 Cross left behind right, step right to right side, step left next to right

RIGHT LOCKING SHUFFLE, LEFT LOCKING SHUFFLE, STEP, TURN ¼ LEFT, CROSS SHUFFLE

- 1&2 Step forward on right, lock left behind right, step forward on right
- 3&4 Step forward on left, lock right behind left, step forward on left

5-6 Step forward on ball of right foot, pivot $\frac{1}{4}$ left

7&8 Cross right over left and shuffle right, left, right

ROCK FORWARD, RECOVER, $\frac{1}{2}$ LEFT TURNING SHUFFLE, SCUFF, KNEE TURNING IN AND OUT

1-2 Rock forward on left, recover on right

3&4 Turning shuffle $\frac{1}{2}$ left shuffling left, right, left

5-6 Scuff right foot to right side, touch right toe next to left

7-8 Turn right knee in toward left, turn right knee out making a $\frac{1}{4}$ right turn REPEAT