

Satisfaction

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Count: 164 **Wall:** — **Level:** Phrased High Intermediate

Choreographer: Carlton Thompson - July 2017

Music: Satisfaction - Los 5

Sequence: A, B, Tag, A, B, C, B, D, D, D, D, D, D.

(Part A - Verse I & II)

Section A1: 64 counts

1-2&: (Keeping chest facing 45 degrees to the left) Step R heel forward, bring L ft. behind R ft., Step R ft. forward. (open arms from chest - outwards, and then drop arms to side)

3-4&: (Keeping chest facing 45 degrees to the right) Step L heel forward, bring R ft. behind L ft., Step L ft. forward.

5-6&: Square up by placing R toe to right side, shrug L shoulder up, bring L shoulder down while bringing R shoulder up.

7-8: Drop weight onto R ft. & R knee (and bend your R arm across your chest), hold.

Section A2:

&a: Make a $\frac{1}{4}$ turn left (placing weight on L ft. and bring both arms up), and then arms down to side.

1-2: Step toe-heel forward with R ft., Step toe-heel forward with L ft.

3-4: Step toe-heel forward with R ft., Step toe-heel forward with L ft.

5-6&: Toe-touch R ft. forward, twist R heel forward, twist R heel back.

7-8: Step L ft. forward (optional hands out to side), hold.

Section A3:

&a: Drag R ft. next to L ft., make $\frac{1}{2}$ turn right while dragging R ft. forward into a toe-touch).

1-2: Place weight onto R ft., Step L ft. behind R ft.

3-4: Step R ft. forward, Step L ft. behind R ft.

5-6&: Square up to (3:00) by placing weight onto R ft., Make $\frac{1}{2}$ turn right leading with L ft., Make $\frac{1}{4}$ turn right leading with R ft. to right side.

7-8: Point L ft. to left side, hold. (count 8&, optional head-up/down nod)

Section A4:

1-2: Cross L ft. behind R ft., Point R ft. out to right side.

3-4: Cross R ft. behind L ft., Point L ft. out to left side.

5-6&: Step L ft. back, Rock R ft. back, Recover forward on L ft.

7-8: Toe Touch R ft. next to L ft., Hold (optional pop)

Section A5:

1&2&: Step R ft. back, Step L ft. back, Make $\frac{1}{2}$ turn right leading back with R ft., Make $\frac{1}{2}$ turn right by pivoting on L ft.

3&4&: Step R ft. back, Step L ft. back, Make $\frac{1}{2}$ turn right leading back with R ft., Making $\frac{1}{2}$ turn right by pivoting on L ft.

5&6&: Step R ft. back, Step L ft. forward, Step R ft. forward, Step L ft. forward.

7&8&: Slide R ft. 45 degree diagonal forward to right side, Slide L ft. 45 degree diagonal forward to left side. Slide R ft. 45 degree diagonal forward to right, slowly drag L ft. next to R ft.

Section A6:

1-4: Continue to drag L ft. next to R ft. (Weight is equally placed on both feet on count 4) (optional Head bob for four counts)

5&6&: Rock L ft. forward, Recover back on R ft., Rock back on L ft., Recover forward on R ft.

7&8: Rock L ft. forward, Recover back on R ft., Rock back on L ft.

Section A7:

1&2&: Step R ft. back, Step L ft. back, Make $\frac{1}{2}$ turn right leading back with R ft., Make $\frac{1}{2}$ turn right by pivoting on L ft.

3&4&: Step R ft. back, Step L ft. back, Make ½ turn right leading back with R ft., Making ½ turn right by pivoting on L ft.

5&6&: Step R ft. back, Step L ft. forward, Step R ft. forward, Step L ft. forward.

7&8&: Ski R ft. 45 degree diagonal forward to right side, Ski L ft. 45 degree diagonal forward to left side. Slide R ft. 45 degree diagonal forward to right, drag L ft. next to R ft.

Section A8:

1-4: Continue to drag L ft. next to R ft. (Weight is equally placed on both feet on count 4) (optional Head bob for four counts)

5-6: Step R ft. back, Step L ft. back (point hands like a gun)

7-8: Step R ft. back while lifting L leg out to left side (bring hands out to side) (use this leg lift to help with small jump to the left), Jump and land on L ft. to left side. And cross R ft. behind L ft.

(Part B - Chorus I & II)

Section B1: 48 counts

1-2: Hold pose, stand-up and lift and point R leg to right side.

3&4: Rock R ft. forward, Recover back on L ft., Step R ft. back.

5&6: Rock L ft. forward, Recover back on R ft., Step L ft. back.

7&8&: Point R ft. to right side, Cross-Point R ft. over L ft. (Clap on 7,&, 8& - 4 total claps)

Section B2:

1-2: Make 1/8 Pivot turn to the right leading with R ft. (Hint: left foot is your weighted foot)., Make 1/8 pivot turn to the right leading with R ft. (3:00)

3-4: Toe touch L ft. next to R ft., Point L ft. to left side.

5&6&: Step L heel forward, Bring L ft. back, Step R heel forward, Bring R ft. back.

7-8: Place weight on L heel forward and drag R ft. forward, Toe touch R ft. next to L ft.

Section B3:

1-2: Step R ft. to right side, Drag L ft. next to R ft.

&3&4: Lean back bring brining R ft. back and placing L heel forward.

5&6&: Toe touch R ft. to right side, Bring R ft. back to center, Toe touch L ft. to left side, Bring L ft. back to center.

7&8: Rock R ft. to right side, Recover on L ft., Cross R ft. over L ft.

Section B4:

1&2: Rock L ft. to left side, Recover on R ft., Cross L ft. over R ft.

3-4: Unwind 1 full turn right.

5-8: Walk full circle left starting with R ft. (Step R, L, R, L)

Section B5:

1-2: Rock R ft. forward, Recover back on L ft.

3&4: Step R ft. back, Step L ft. forward, Step R ft. forward.

5&6&: Cross L ft. over R ft., Step R ft. to right side, L heel step to left side, Step L ft. back.

7&8&: Cross R ft. over L ft., Step L ft. to left side, R heel step to right side, Step R ft. back.

Section B6:

1-2: Rock L ft. forward, Recover back on R ft.

3&4: Step L ft. back, Step R ft. forward, Step L ft. Forward.

5-8: Walk full circle left starting with R ft. (Step R, L, R, L)

Tag Line:

1-2: Simple soft. "Stomp Stomp" with R ft., then L ft.

3-4: Shoulder shimmy, place weight on L ft.

(Part C - Interlude)

Section C1: 32 counts

1-2: Rock R ft. forward, Recover back on L ft.

3&4: Make full turn right leading with R ft. (R, L, R)

5-6&: Step L ft. to left side, Rock R ft. behind L, Recover forward on R ft.

7-8&: Step R ft. to right side, Rock L ft. behind R, Recover forward on L ft.

Section C2:

1-2: Make $\frac{1}{4}$ turn left leading with L ft., Step R ft. forward. (9:00)

3-4: Make $\frac{1}{2}$ turn left leading with L ft., Make $\frac{1}{4}$ turn left leading with R ft. to right side. (12:00)

5&6: Cross L ft. behind R ft., Rock R ft. to right side, Step L ft. to left side.

7&8: Cross R ft. behind L ft., Step L ft. to left side, Cross R ft. front of L ft.

Section C3:

1-2: Pivot 1 full turn right leading with L ft. (will need to lift right knee in the air), Step R ft. in front of L ft. (12:00)

3&4: Rock L ft. to left side, Recover R ft. to right side, Cross L ft. over R ft.

5-6&: Step R ft. to right side, Cross L ft. behind R ft., Step R ft. to right side.

7-8&: Cross L ft. over R ft., Recover back on R ft., Step L ft. to left side.

Section C4:

1-2: Rock R ft. forward, Recover back on L ft.

3-4: Rock R ft. to right side, Recover back on L ft.

5-6: Step R ft. back, Step L ft. back (point hands like a gun)

7-8: Step R ft. back while lifting L leg out to left side (bring hands out to side) (use this leg lift to help with small jump to the left), Jump and land on L ft. to left side. And cross R ft. behind L ft.

(Part D - Pieces from Section 4 - 6 of Part A)

Section D4: 20 counts

5-8: Walk full circle left starting with R ft. (Step R, L, R, L)

Section D5:

1-2: Rock R ft. forward, Recover back on L ft.

3&4: Step R ft. back, Step L ft. forward, Step R ft. forward.

5&6&: Cross L ft. over R ft., Step R ft. to right side, L heel step to left side, Step L ft. back.

7&8&: Cross R ft. over L ft., Step L ft. to left side, R heel step to right side, Step R ft. back.

Section D6:

1-2: Rock L ft. forward, Recover back on R ft.

3&4: Step L ft. back, Step R ft. forward, Step L ft. Forward.

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