

Show Me How You Burlesque

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Count: 148

Wall: 2

Level: Phrased Intermediate

Choreographer: Sophie Dick (Dec 2012)

Music: Show Me How You Burlesque – Christina Aguilera

Dance Sequence: A - TAG 1 - B - TAG 2 - A - B - C - B

Count in: approximately 16 counts after Christina has done her intro

PART A : 64 COUNTS

[1-8] STEP FORWARD, KICK, JAZZ BOX CROSS, SIDE STEP, CROSS BEHIND

1 - 2step L forward, kick R diagonal to the right

3 - 4cross R over L, step L back

5 - 6step R to the right, cross L over R

7 - 8step R to the right, cross L behind R

[9-16] TOE STRUT, TOE STRUT CROSS, DIAGONAL FORWARD MAMBO, STEP BACK WITH HOLD

1 - 2point R toe next to R, drop R heel

3 - 4cross (and point) left toe over R, drop L heel

5 - 6step R to diagonal R, recover on L

7 - 8 Step R back to diagonal L, hold

[17-24] SIDE STEP, CROSS IN FRONT, SIDE JUMPS, TOE STRUT CROSS, TOE STRUT ¼ TURN L

1 - 2step L to the left, cross R over L

3 - 42 side jumps to the left (with both feet)

5 - 6cross (and point) R toe over L, drop R heel

7 - 8point L toe ¼ to L, drop L heel

[25-32] STEP PIVOT $\frac{1}{2}$ TURN, STEP, HOLD, $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, HOLD

1 - 2step R forward, pivot $\frac{1}{2}$ turn L

3 - 4step R forward, hold

5 - 6step L back with $\frac{1}{2}$ turn to the R, step R forward with $\frac{1}{2}$ turn to the R

7 - 8step L forward with $\frac{1}{4}$ turn to the right, hold

[33-40] $\frac{1}{4}$ TURN RIGHT, SIDE TOUCH, STEP $\frac{1}{4}$ TURN L, STEP $\frac{1}{4}$ TURN R, STEP $\frac{1}{2}$ TURN L, SIDE BALL SIDE WITH BENDING KNEES, TURN $\frac{1}{4}$ L, STEP R FORWARD

1 - 2step R to the right with $\frac{1}{2}$ turn R, touch L to left side

3 - 4step L $\frac{1}{4}$ turn L, step R to the right with $\frac{1}{4}$ turn R

5 & 6step L to the left with $\frac{1}{2}$ turn left, touch R ball next to L, step L to the left

7 - 8turn $\frac{1}{4}$ L, step R forward

(While doing side-ball-side bend both of your knees.)

[41-48] HITCH, STEP BACK, COASTER STEP, $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN, DRAG, STEP BEHIND, CROSS

1 - 2L hitch, step L back, drag R

3 & 4step R back, step L next to R, step R forward

5 - 6 $\frac{1}{2}$ turn to the left, step $\frac{1}{4}$ turn to the right (big step)

7 & 8drag L next to R, step L behind R, cross R over L

[49-56] MONTEREY $\frac{1}{4}$ TURN LEFT (2x), PADDLE TURNS $\frac{1}{2}$ TURN LEFT

1 & 2point L to the left side, step left next to right with $\frac{1}{4}$ turn left, point R to right side

& 3 & 4step R next to L, point L to the left side, step left next to right with $\frac{1}{4}$ turn left, point R to right side

5 - 7make 3 paddle turns in a $\frac{1}{2}$ turn left

8step R slightly forward

[57-64] CROSS, SIDE, STEP, CROSS, SIDE, TOUCH, LEFT HIP BUMPS

1 & 2 cross L over R, step R to the right side, step L to left diagonal L

3 & 4 cross R over L, step L to the left side, touch R to the diagonal R

5 - 8 make 4 left hip bumps

PART B : 32 COUNTS

[1-8] R KICK WITH 1/8 TURN, RECOVER, L KICK, RECOVER, JAZZ BOX ¼ TURN RIGHT, R KICK, RECOVER, L KICK, RECOVER, JAZZ BOX ¼ TURN RIGHT

1 & 2 &R kick, with 1/8 turn R, step R slightly forward, L kick forward, step L slightly forward

3 & 4 &cross R over L, step L back, step R ¼ turn right, step L slightly forward

5 & 6 &R kick forward, step R slightly forward, L kick forward, step L slightly forward

7 & 8 &cross R over L, step L back, step R ¼ turn right, step L slightly forward

[9-16] R KICK, RECOVER, L KICK, RECOVER, CROSS, STEP BACK, STEP ¼ TURN TO THE RIGHT, HOLD, FOOT - ARM, FOOT - ARM, TOUCH, SHOULDER FORWARD AND BACK

1 & 2 &R kick forward, step R slightly forward, L kick forward, step L slightly forward

3 & 4 &cross R over L, step L back, step R ¼ turn right, hold

5 &bring your L foot and your R elbow closer to each other and recover

6 &bring your R foot and your L elbow closer to each other and recover

7 point L foot slightly to the left, while bending your knees a little bit and put your right hand just above your right hip

& 8 push your R shoulder forward, push your R shoulder back

[17-24] DROP L HEEL, R KICK, RECOVER, L KICK, RECOVER, JAZZ BOX ¼ TURN RIGHT, R KICK, RECOVER, L KICK, RECOVER, JAZZ BOX ½ TURN RIGHT

& 1 & 2 &drop L heel, R kick forward, step R slightly forward, L kick forward, step L slightly forward

3 & 4 &cross R over L, step L back, step R $\frac{1}{4}$ turn right, step L slightly forward

5 & 6 &R kick forward, step R slightly forward, L kick forward, step L slightly forward

7 & 8 &cross R over L, step L back, step R $\frac{1}{2}$ turn right, step L slightly forward

[25-32] R KICK, RECOVER, L KICK, RECOVER, CROSS, STEP BACK, STEP $\frac{1}{4}$ TURN TO THE RIGHT, HOLD, FOOT - ARM, FOOT - ARM, TOUCH, SHOULDER FORWARD & BACK

1 & 2 &R kick forward, step R slightly forward, L kick forward, step L slightly forward

3 & 4 &cross R over L, step L back, step R $\frac{1}{4}$ turn right, hold

5 &bring your L foot and your R elbow closer to each other and recover

6 &bring your R foot and your L elbow closer to each other and recover

7point R foot slightly to the left, while bending your knees a little bit and put your right hand just above your right hip

& 8push your R shoulder forward, push your R shoulder back

PART C : 52 COUNTS

[1-8] OUT, OUT, IN , IN, $\frac{1}{4}$ TURN TO THE RIGHT, OUT, OUT, IN, IN

1 - 2R diagonal forward to the right, L diagonal forward to the left

3 - 4R back to the center, L back to the center

5 - 6R diagonal forward to the right with $\frac{1}{4}$ turn to the right, L diagonal forward to the left

7 - 8R back to the center, L back to the center

[9-16] $\frac{1}{4}$ TURN TO THE RIGHT, OUT, OUT, IN, IN, STEP $\frac{1}{4}$ TURN TO THE RIGHT, PIVOT $\frac{1}{2}$ TURN TO THE LEFT, PIVOT $\frac{1}{4}$ TURN TO THE LEFT

1 - 2R diagonal forward to the right with $\frac{1}{4}$ turn to the right, L diagonal forward to the left

3 - 4R back to the center, L back to the center

5 - 6step R with $\frac{1}{4}$ turn to the right, pivot $\frac{1}{2}$ turn to the left

7 - 8 Step R forward, pivot $\frac{1}{4}$ turn to the left

[17-20] JAZZ BOX TOUCH WITH SHIMMY

1 - 2 cross R over L, step L back

3 - 4 step R to right side, touch L next to R

*** Do 'Shimmy' while doing the jazz box touch**

[21-28] CROSS, SIDE, STEP, CROSS, SIDE, TOUCH, LEFT HIP BUMPS

1 & 2 cross L over R, step R to the right side, step L to left diagonal L

3 & 4 cross R over L, step L to the left side, touch R to the diagonal R

5 - 8 make 4 hip bumps while turning from the right diagonal to the left one

[29-36] STEP BACK, TOUCH (3x), STEP R ¼ TURN TO THE RIGHT, TOUCH TO THE LEFT, HIP BUMPS (4x)

& 1 & 2 step L back, touch R forward, step R back, touch L forward

& 3 step L back, touch R forward

& 4 step R ¼ turn to the right, touch L to the left

5 - 8 make 4 hip bumps

[37-44] CROSS, SIDE, STEP, CROSS, SIDE, TOUCH, LEFT HIP BUMPS

& 1 & 2 drop L heel cross R over L, step L to the left side, step R to right diagonal

3 & 4 cross L over R, step R to the right side, touch L to the diagonal L

5 - 8 make 4 hip bumps while turning from the left diagonal to the right one

[45-52] STEP BACK + SHIMMYS

1 - 8 step right back and do shimmys

TAG 1: After the 1st A-part, you need to walk a circle to the left side, beginning with your R foot.

You need to do 4 steps (R-L-R-L) and you need to end up at 3 o'clock to start part B.

This tag goes quite fast.

TAG 2: After the 1st B-part, you need to walk a circle to the left side, beginning with your L foot.

You need to do 4 steps and a touch (L-R-L-R- touch L) and you need to end up at 12 o'clock to start part A.

This tag goes very slowly.

HAVE FUN WITH THIS DANCE AND KEEP ON SMILING !

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