

Dedication To My Ex

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Nicky Zuaiter

Music: Dedication To My Ex (Miss That) by Lloyd, Andre 3000 & Lil' Wayne (R&B Collection 2012 Album Version - Edited)

32 count intro - start on 'Baby'

SECTION 1: Right side rock, weave, left side rock, weave with $\frac{1}{4}$ turn

- 1 - 2 Rock right to right side, recover onto left
- 3 & 4 Step right behind left, step left to left side, cross step right over left
- 5 - 6 Rock left to left side, recover onto right
- 7 & 8 Step left behind right, step onto right $\frac{1}{4}$ turn right, step left forward (3 o'clock)

SECTION 2: Forward rock, $\frac{1}{2}$ shuffle, step, $\frac{3}{4}$ spiral turn, step, point

- 1 - 2 Rock forward onto right, recover onto left
- 3 & 4 Step onto right $\frac{1}{4}$ turn right, step left next to right, step onto right $\frac{1}{4}$ turn right (9 o'clock)
- 5 - 6 Step forward onto left. Pivot on ball of left $\frac{3}{4}$ turn right, hooking right over left (6 o'clock)
- 7 - 8 Step forward on right, point left out to left side

SECTION 3: Cross, Point, Sailor $\frac{1}{4}$ turn, Toe strut with hip bump, Toe strut with hip bump

- 1 - 2 Cross step left over right, Point right to right side
- 3 & 4 Step right behind left $\frac{1}{4}$ turn right, step left to left side, step right next to left (9 o'clock)
- 5 & 6 Touch left toes forward, bump left hip forward, drop left heel (weight on left)
- 7 & 8 Touch right toes forward, bump right hip forward, drop right heel (weight on right)

SECTION 4: Forward rock, $\frac{1}{4}$ shuffle, cross rock, side close side

- 1 - 2 Rock forward onto left, recover onto right
- 3 & 4 Step left to left side $\frac{1}{4}$ turn left, step right next to left, step left to left side (6 o'clock)
- 5 - 6 Cross rock right over left, recover onto left
- 7 & 8 Step right to right side, step left next to right, step right to right side

SECTION 5: Toe hook step, Step $\frac{1}{2}$ pivot left, Toe hook step, Step $\frac{1}{2}$ pivot right

- 1 & 2** Touch left toe forward, hook left across right, step left forward
- 3 - 4** Step right forward. Pivot ½ turn left.
- 5 & 6** Touch right toe forward, hook right over left, step right forward.
- 7 - 8** Step left forward. Pivot ½ turn right.

SECTION 6: Left mambo, Right mambo, Back lock back, Kick, step, cross

- 1 & 2** Rock left to left side, recover onto right, step left next to right
- 3 & 4** Rock right to right side, recover onto left, step right next to left
- 5 & 6** Step back on left, lock step right over left, step back on left
- 7 & 8** Kick right towards right diagonal, step right back, cross step left over right

SECTION 7: Side rock, Heel switches, Back and Point and Point, Clap, Clap

- 1 - 2** Rock right to right side, recover onto left
- 3 & 4** Touch right heel forward, step right next to left, touch left heel forward
- 5 & 6** Step left back, step right next to left, point left to left side
- & 7 & 8** Step left next to right, point right to right side, clap, clap

SECTION 8: Cross, side, behind, side, cross, side rock, coaster ¼ turn

- 1 - 2** Cross step right over left, step left to left side
- 3 & 4** Step right behind left, step left to left side, cross step right over left
- 5 - 6** Rock left to left side, recover onto right
- 7 & 8** Step left back ¼ turn left, step right next to left, step left forward (3 o'clock)

Ending: dance ends at the end of Section 5, facing 12 o'clock - step forward on left and pose