

# THE M.B.C. CLUB DANCE

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**Count:** 96                      **Wall:** 2                      **Level:** advanced

**Choreographer:** Ilona van der Wansem

**Music:** Betty's Got A Bass Boat (Dance Mix) by Pam Tillis

**You start the dance after 4 counts after the four bass-beats! (So start the dance after 8 counts)**

**Ilona won with this dance at the World Championships in Nashville 1998 the Best Choreographer title. Holland thinks she did a great job so we hope that you will have fun with this dance.**

## KICK & CROSS - FUNKY STEP

- 1&2**            Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 3&4**            Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 5&6**            Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 7-8**            Make an unwind turn ( $\frac{1}{2}$ ) to the right, hold and clap (facing backwards)
- 9&**              Step forward with your right, & swivel both heels to the right
- 10&**            Swivel both heels back to center, & lift your right knee up
- 11-12**        Step out to the right with your right, close left next to right together with clap
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- 13-16**        Repeat counts 9-10 with your left

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- 9& Step forward with your right, & swivel both heels to the right
- 10& Swivel both heels back to center, & lift your right knee up
- 11-12 Step out to the right with your right, close left next to right together with clap

13-16 Repeat counts 9-10 with your left !!!!

### **KICK & CHANGE, STEP, HOLD, CLAP**

- 1-4 Kick forward with your right, & step backwards on your right, step forward with left, step forward with right, hold and clap
- 5-8 Kick forward with your left, & step backwards on your left, step forward with right, step forward with left, hold and clap

### **TOUCH, TOUCH, JUMP, JUMP**

- 9 Touch right forward on the left diagonal
- 10 Touch right out to the right side
- 11 Switch your weight on to your right and touch your left out to the left side (jump)
- 12 Switch your weight on to your left and touch your right out to the right side (jump)

### **ROCK STEP, DRAG STEP, ROLLING KNEES, $\frac{1}{4}$ TURN**

- 13-14 Rock forward on your right, replace left
- 15-16 Drag step to the right side, close left next to right
- 1-2 Roll right knee, roll left knee (in)
- 3-4 Step forward with your right, make  $\frac{1}{4}$  to the left

### **SHUFFLE, ROCK STEP, SHUFFLE, ROCK STEP, SHUFFLE ROCK STEP**

- 5-8 Shuffle forward with right, rock step left, replace right
- 9-12 Shuffle backwards with left together with  $\frac{1}{2}$  to the left, rock step right, replace left (facing 9:00)
- 13-16 Shuffle backwards with right together with  $\frac{1}{4}$  to the right, rock step left, replace right (facing forward)

### **STEP DIAGONAL, HIPS, STEP DIAGONAL HIPS, KICK & CHANGE, STEP, HOLD, CLAP**

- 1-2 Step left on left diagonal (facing body 2:00), push left hip twice to the left

- 3-4** Step right on right diagonal (facing body 10:00), push right hip twice to the right
- 5-8** Kick forward with your left, & step backwards on your left, step forward with right, step forward with left, hold and clap
- 9-12** Kick forward with your right, & step backwards on your right, step forward with left, step forward with right, hold and clap

### **ROCK STEP, SHUFFLE ½ TURN**

- 13-14** Rock step with left, replace right
- 15-16** Shuffle backwards with left together with ½ turn to the left (facing backwards)

### **DRAG STEP ¼ TURN, ROLLING KNEES, ROCK STEP FORWARD, ROCK STEP BACK, ¼ TURN ¼ TURN**

- 1-2** Make a drag step with your right together with ¼ turn to the left, left close next to right (facing 3:00)
- 3-4** Roll right knee, roll left knee (in)
- 5-6** Step out to right side with right, left touch next to right together with a clap
- 7-8** Step out to left side with left, right touch next to left together with a clap
- 9-10** Rock step forward with right, replace left
- 11-12** Rock step backwards with right, replace left
- 13-14** Step forward with right, make ½ turn to the left
- 15-16** Step forward with right, make ½ turn to the left (facing 9:00)

### **REPEAT**

**As you start the dance again you face backwards so you have to make 1/8 turn to the left as you start with the kick.**