

TROUBLED

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Count: 192

Wall: —

Level: —

Choreographer: Ty Barton

Music: T-R-O-U-B-L-E by Travis Tritt

- 1-2** Rock onto right to right side, rock onto left to left side
- 3&4** Cross right behind left, step left to left side, cross right over left
- 5-6** Rock onto left to left side, rock onto right to right side
- 7&8** Cross left behind right, step right to right side, cross left over right
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- 1** Touch right toe to right side
- &2** Bring right together, touch left toe to left side
- &3** Bring left together, touch right heel forward
- &4** Bring right together, touch left toe back
- 5&6** Kick left forward, step on ball of left foot beside right, step forward on right
- 7&8** Kick left forward, step on ball of left foot beside right, step forward on right
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- 1-4** Step left forward, slide right beside left, step left forward, slide right beside left
- 5-6** Step left forward, pivot $\frac{1}{2}$ turn right
- 7-8** Shuffle forward left-right-left
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- 1-2** Rock forward onto right, rock back onto left
- 3&4** Triple step right-left-right turning $\frac{3}{4}$ turn right
- 5-6** Step left forward, pivot $\frac{1}{4}$ turn right
- 7-8** Step left forward, pivot $\frac{1}{2}$ turn right
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- 1&2** Kick left forward, ball change left-right

- &3** Step left to left side, step right in place
- 4-5** Rock back onto left, rock forward onto right
- 6-8** Rock onto left to left side, rock onto right to right side, cross left over right
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- 1&2** Shuffle right-left-right to right side
- 3-4** Rock back onto left behind right, rock forward onto right
- 5-6** Step left to left side, step right behind left
- 7-8** Step left to left side turning $\frac{1}{4}$ turn left, step right forward turning $\frac{1}{2}$ turn left
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- 1** Step left back turning $\frac{1}{2}$ turn left
- 2-3** Step right forward, pivot $\frac{1}{2}$ turn left
- 4** Scuff right forward
- 5** Hitch right knee while scooting forward on left
- 6** Stomp right beside left (placing both hands on hips)
- 7-8** Turn head & look $\frac{1}{4}$ turn over left shoulder to left, turn head $\frac{1}{4}$ turn right
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- 1&2** Kick right forward, ball change right-left, landing right foot slightly behind left
- 3-4** Turn $\frac{1}{2}$ turn right on balls of both feet, brush up right to left knee
- 5-6** Rock forward onto right heel with toe raised while lifting left heel, drop left heel
- 7-8** Rock back onto right toe with heel raised while lifting left toe, drop left toe
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- 1&2** Shuffle forward right-left-right
- 3-4** Rock forward onto left, rock back onto right
- 5&6** Shuffle back left-right-left
- 7-8** Rock back onto right, rock forward onto left
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- 1-2** Step right forward at 45 degrees right, lock left behind right
- &3-4** Step right in place, step left forward at 45 degrees left, lock right behind left

- &5-6** Step left in place, step right forward at 45 degrees right, lock left behind right
- &7-8** Step right in place, step left forward at 45 degrees left, lock right behind left
- &1** Step left in place, step forward on right
- 2** Turn $\frac{1}{2}$ turn left
- 3-4** Rock forward onto right heel with toe raised while lifting left heel, drop left heel
- 5-6** Rock back onto right toe with heel raised while lifting left toe, drop left toe
- 7&8** Shuffle forward right-left-right turning $\frac{3}{4}$ turn left
- 1-4** Step left to left side & rock hips left, right . Left . Stomp right beside left
- 5-8** Vine right-left-right turning $1-\frac{1}{4}$ degrees right, step forward on left
- 1-2** Kick right forward, kick right out to right side
- &3-4** Step right in place, kick left forward, kick left out to left side
- &5-6** Step left in place, kick right forward, kick right out to right side
- &7-8** Step right in place, kick left forward, kick left out to left side
- &1-2** Step left back, bring right together, step left forward
- 3&4** Shuffle forward right-left-right turning $\frac{1}{2}$ turn left
- 5&6** Shuffle back turning $\frac{3}{4}$ turn left
- 7-8** Step right to right side, step left behind right
- &1** Step right to right side, cross left over right
- &2** Step right to right side, cross left behind right
- &3** Step right to right side, cross left over right (taking weight onto left)
- 4** Touch right toe to right side
- 5-6** Cross right over left, unwind turning $\frac{1}{2}$ turn left
- 7** Stomp right out to right side & click fingers of right hand at shoulder level

- 8 Stomp left out to left side (shoulder width apart) & click fingers of left hand at shoulder level
- 1-2 Jump feet together, slap both hands in a downwards motion across thighs
- 3-4 Touch right heel forward, touch right toe to right side
- 5-6 Touch right heel forward, touch right toe across in front of left
- 7-8 Touch right heel forward, touch right toe back
- 1-4 Vine to right right-left-right, touch left beside right & clap
- 5-7 Vine to left left-right-left turning $1\frac{1}{4}$ degrees left
- 8 Hitch right knee while scooting forward on left foot
- 1-2 Step forward on right at 45 degrees right bump hips forward twice
- 3-6 Bump hips back, back, forward, back (taking weight on left)
- 7-8 Step forward on right, scuff left forward
- 1-2 Cross left over right, turn $\frac{1}{4}$ turn right keeping weight on right
- 3-4 Hitch left knee, step back on left & click fingers of both hands at shoulder height
- The following shoulder rolls are done while leaning upper body back & are accompanied by arm rolls all in a to the left motion**
- 5 Roll right shoulder back while rolling right arm under left
- 6 Roll left shoulder back while rolling left arm under right
- 7 Roll right shoulder back while rolling right arm under left
- 8 Roll left shoulder back while rolling left arm under right
- 1-2 Shimmy shoulders forward twice bending slightly forward
- 3-4 Shimmy shoulders back twice returning to upright position
- 5 Jump onto right turning $\frac{1}{4}$ turn right while flicking left out behind right

- 6-7** Scuff left forward, step left forward turning $\frac{1}{4}$ turn right
- 8** Turn $\frac{1}{2}$ turn right and step onto right
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- 1-2** Rock onto left heel across in front of right with toe raised, rock back onto right
- 3-4** Touch left toe to left side with heel raised, drop left heel
- 5-6** Rock onto right heel across in front of left with toe raised, rock back onto left
- 7-8** Touch right toe to right side with heel raised, drop right heel
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- 1-2** Tap left heel twice pushing left knee slightly in each time
- 3-4** Tap right heel twice pushing right knee slightly in each time
- 5** Push left knee in (bending left leg and straightening right leg)
- 6** Push right knee in (bending right leg and straightening left leg)
- 7** Push left knee in (bending left leg and straightening right leg)
- 8** Push right knee in (bending right leg and straightening left leg) take weight on left
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- 1&2** Kick right forward, ball change right-left landing right slightly behind left
- 3-4** Twist whole body $\frac{1}{4}$ turn right, twist whole body $\frac{1}{4}$ turn left
- 5-6(Coaster step) step back onto right, step left together, step forward on right**
- 7&8** Shuffle forward left-right-left
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- 1-2** Step forward on right, pivot $\frac{1}{4}$ turn left
- 3-4** Step forward on right, pivot $\frac{1}{2}$ turn left
- 5&6** Shuffle forward right-left-right turning $\frac{1}{2}$ turn left
- 7&8** Shuffle back left-right-left turning $\frac{3}{4}$ turn left

REPEAT