

# The Silence

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**Count:** 80

**Wall:** 1

**Level:** Advanced

**Choreographer:** Val Parry

**Music:** The Silence by Alexandra Burke

**INTRO - Starts on word "UP" as she sings "You Lift Me UP"**

**WALL 1 ONLY (Special sequence) - STARTS on Section 7 Dance through sections 7-10 and then Section 5-6 After completing wall 1 you will be facing the 6'clock wall. Now dance walls 2, 3, 4 with Tag at end of wall 3**

**Section 1: NOTE: Always starts on 6 o'clock wall**

**NEW - FULL ROLLING TURN RIGHT, CROSS ROCK  $\frac{1}{4}$ , FORWARD ROCK, BACK ROCK, PIVOT  $\frac{1}{2}$**

- 1, 2 & Step  $\frac{1}{4}$  right, Turn  $\frac{1}{2}$  right stepping back on left, Turn  $\frac{1}{4}$  right stepping right to right side
- 3 4 & Cross rock left over right, Recover onto right, turn  $\frac{1}{4}$  left stepping forward on left
- 5, 6 Rock Forward on right, recover weight on Left,
- 7 & 8 & Rock Back on Right, Recover weight on left, step forward on right, pivot  $\frac{1}{2}$  left WOL [9]

**Section 2: FORWARD ROCK, SWEEP  $\frac{1}{2}$  COASTER STEP, CROSS ROCK, SIDE ROCK CROSS**

- 1, 2 Rock Forward on right, recover weight on left
- 3 & 4 Sweep  $\frac{1}{2}$  right, stepping Right behind Left, Step left next to right, step forward on Right.
- 5, 6 Cross rock left over right, Recover onto right
- 7 & 8 Rock left out to left side, recover weight on right, cross left over right WOL [3]

**Section 3: FULL ROLLING TURN RIGHT, CROSS ROCK  $\frac{1}{4}$ , FORWARD ROCK, BACK ROCK, PIVOT  $\frac{1}{2}$**

- 1, 2 & Step  $\frac{1}{4}$  right, Turn  $\frac{1}{2}$  right stepping back on left, Turn  $\frac{1}{4}$  right stepping right to right side
- 3 4 & Cross rock left over right, Recover onto right, turn  $\frac{1}{4}$  left stepping forward on left
- 5, 6 Rock Forward on right, recover weight on Left,
- 7 & 8 & Rock Back on Right, Recover weight on left, step frwrd on right, pivot  $\frac{1}{2}$  left WOL [6]

**Section 4: FORWARD ROCK, SWEEP  $\frac{1}{2}$  COASTER STEP, CROSS ROCK, SIDE ROCK CROSS**

- 1, 2 Rock Forward on right, recover weight on left

- 3 & 4 Sweep 1/2 right, stepping Right behind Left, Step left next to right, step forward on Right.
- 5, 6 Cross rock left over right, Recover onto right
- 7 & 8 Rock left out to left side, recover weight on right, cross left over right WOL [12]

### **Section 5: RIGHT AND LEFT NIGHTCLUB BASICS, STEP FULL TURN, MAMBO FORWARD**

- 1, 2 & Step right long step to right. Rock left back behind right. Recover onto right.
- 3, 4 & Step left long step to left. Rock right back behind Left. Recover onto left.
- 5, 6, 7, Step forward on right, Moving forward, make full turn right stepping left back, right forward
- 8 & 1 Rock forward on left, recover weight on right, Step back on left WOL [12] (\*\*WALL 1 [3] )

### **Section 6: SWEEP, STEP BEHIND, (4 Times) SAILOR 1/4, CROSS**

- &2 &3 Sweep right out from front. Step right behind left. Sweep left out from front. Step left behind right.
- &4 &5 Sweep right out from front. Step right behind left. Sweep left out from front. Step left behind right.
- 6 & 7 Sweep right out 1/4 turn right Cross right behind left, step left in place, Step right to right side
- 8 Cross step Left over Right WOL [3] (\*\*WALL 1 [6])

### **Section 7: THIS IS WHERE WALL ONE STARTS**

#### **SIDE, CROSS ROCK SIDE, CROSS 1/4 1/4, CROSS ROCK, FULL ROLLING TURN**

- 1, 2 & 3 Step Right long step right, Cross rock left over right, recover weight on right, Step left to left side
- 4 & 5 Cross right over left, turn 1/4 right stepping back on left, turn 1/4 right stepping right to right side
- 6, 7, Cross rock left over right, recover weight on right
- 8 & 1 Turn 1/4 left, step L frwrd, turn 1/2 left step R back, Turn 1/4 left step L side, WOL [9] (\*\*WALL 1 [6])

### **Section 8: CROSS, SIDE, SAILOR 1/4, WALK, WALK, STEP PIVOT 1/2, STEP FORWARD**

- 2, 3, Cross step Right over Left, step Left to Left side.
- 4 & 5 Sweep Right behind Left, make 1/4 turn to Right step Left next to Right, step forward on Right.

**6, 7,** Walk Forward L, R,

**8 & 1** Step forward Left,. Pivot 1/2 turn right, Step forward left WOL [6] ] (\*\*WALL 1 [3])

### **Section 9: FORWARD ROCK, COASTER STEP, STEP TURN BACK, SHUFFLE HALF TURN**

**2, 3,** Forward Rock on right, recover on left

**4 & 5** Step back on right, step left next to right, step forward on right

**6, 7,** Step forward on left, turn ½ left stepping back on right

**8 & 1 shuffle 1/2 turn left stepping left, right, left WOL [6] ] (\*\*WALL 1 [3])**

### **Section 10: CROSS ROCK, SIDE ROCK CROSS, SWAY LEFT RIGHT LEFT**

**2, 3,** Cross rock right over left, Recover onto left

**4 & 5** Rock right out to right side, recover weight on left, cross right over left

**6, 7, 8** Sway L, Sway R, Sway L WOL [6] ] (\*\*WALL 1 [3])

### **TAG 8 Counts, Done once only facing the 6 o'clock wall after wall 3**

**1 - 2** Step right to right side, 1/2 hinge turn right stepping left to left side,

**3 - 4** Sway onto right, Sway onto left

**5 - 6** Step right to right side, 1/2 hinge turn right stepping left to left side,

**7 - 8** Sway onto right, Sway onto left WOL [6]

### **ENDING DANCE UP TO COUNT 5 OF SECTION 10 replace counts 6,7,8, with**

**6,7,8 sway L, Step right to right side, 1/2 hinge turn left stepping left to left side WOL [12]**

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