

# WHITE KNIGHTS

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**Count:** 64      **Wall:** —      **Level:** —

**Choreographer:** Jez Cauldwell & Susan McWilliams

**Music:** Hero (Metro Mix) by Enrique Iglesias

**Position:** Open Single, Facing Each Other

## LADY'S STEPS

### CROSS ROCK, TRIPLE, ROCK, TRIPLE

- 1-2      Cross right over left, step back on left
- 3&4      Triple (right, left, right)
- 5-6      Rock back left, recover weight on right
- 7&8      Triple (left, right, left)

### CROSS ¼ TURN, SHUFFLE, ROCK FORWARD, COASTER

- 1-2      Cross right over left, turning ¼ right

**Into Open Promenade position, moving toward LOD**

- 3&4      Right shuffle (right, left, right)
- 5-6      Rock forward left, recover weight right
- 7&8      Left coaster step

### POINT CROSS TWICE (MOVING FORWARD IN LOD)

- 1-2      Point right toe to right side, step right in front of left
- 3-4      Point left toe to left side, step left in front of right
- 5-6      Repeat 1-2
- 7-8      Repeat 3-4

### ROCK FORWARD, TURNING ½ COASTER

- 1-2      Rock forward right recover weight on left

**Cease all hand contact**

- 3&4      Step right back, ¼ turn right on left foot step right in front completing another ¼ turn (you are now facing RLOD)

## **POINT CROSS TWICE**

**Rejoin with partner inside hands only to open promenade, you are both facing RLOD you will be moving in the direction of RLOD**

- 1-2 Point left to left side, step left in front right
- 3-4 Point right to right side, step right in front left
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

## **ROCK, ¼ TURNING SHUFFLE**

- 1-2 Rock forward left recover weight on right
- 3&4 Left coaster turning ¼ right (left, right, left)

**Rejoin hands on open double**

## **DIAGONAL ROCK, DIAGONAL SHUFFLE, DIAGONAL ROCK, ¼ TURN COASTER**

- 1-2 Rock forward right diagonal, recover weight on left
- 3&4 Right shuffle diagonal (right, left, right,) back towards outer circle
- 5-6-1 Rock back left diagonal, recover weight on right

**Hold inside hands only**

- 7&8 Triple (left, right, left)making ¼ turn right

## **DIAGONAL STEP TOUCH TWICE**

**Moving forward in LOD**

- 1-2 Step right to right side diagonal, touch left to right
- 3-4 Step left to left side diagonal, touch right to left
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

## **¾ CIRCLE SHUFFLE RIGHT**

**No hand contact**

- 1&2 Shuffle (right, left, right)
- 3&4 Shuffle (left, right, left)

**5&6** Repeat 1 & 2

**7&8** Repeat 3&4

## **REPEAT**

### **MAN'S STEPS**

#### **CROSS ROCK, TRIPLE, ROCK, TRIPLE**

**1-2** Cross left over right, step back on right

**3&4** Triple (left, right, left)

**5-6** Rock back right, recover weight on left

**7&8** Triple (right, left, right)

#### **CROSS $\frac{1}{4}$ TURN, SHUFFLE, ROCK FORWARD, COASTER**

**1-2** Cross left over right, turning  $\frac{1}{4}$  left (moving toward LOD)

**3&4** Left shuffle (left, right, left)

**5-6** Rock forward right, recover weight left

**7&8** Right coaster touch

#### **POINT CROSS TWICE (MOVING FORWARD IN LOD)**

**1-2** Point right toe to right side, step right in front of left

**3-4** Point left toe to left side, step left in front of right

**5-6** Repeat 1-2

**7-8** Repeat 3-4

#### **ROCK FORWARD, TURNING $\frac{1}{2}$ COASTER**

**1-2** Rock forward right recover weight on left

#### **Cease all hand contact**

**3&4** Step right back,  $\frac{1}{4}$  turn right on left foot step right  $\frac{1}{4}$  in front

#### **You are now facing RLOD**

#### **POINT CROSS TWICE**

**Rejoin with partner inside hands only, you are both facing RLOD you will be moving in the direction of RLOD**

- 1-2 Point left to left side, step left in front right  
3-4 Point right to right side, step right in front left  
5-6 Repeat 1-2  
7-8 Repeat 3-4, but touching on step 8

### **ROCK, ¼ TURNING SHUFFLE**

- 1-2 Rock right forward recover weight on left  
3&4 Right coaster turning ¼ left (right, left, right)

**Rejoin hands in open double**

### **DIAGONAL ROCK, DIAGONAL SHUFFLE, DIAGONAL ROCK, ¼ TURN COASTER**

- 1-2 Rock back left diagonal, recover weight on right  
3&4 Left shuffle forward diagonal (left, right, left,) towards outer circle  
5-6 Rock forward right diagonal, recover weight on left (hold inside hands only)  
7&8 Coaster, ¼ turn left(right, left, right)

### **DIAGONAL STEP TOUCH TWICE (MOVING IN LOD)**

- 1-2 Step left to left side diagonal, touch right to left  
3-4 Step right to right side diagonal, touch left to right  
5-6 Repeat 1-2  
7-8 Repeat 3-4

### **¾ CIRCLE SHUFFLE LEFT (NO HAND CONTACT)**

- 1&2 Shuffle (left, right, left)  
3&4 Shuffle (right, left, right)  
5&6 Repeat 1&2  
7&8 Repeat 3&4

**Rejoin hands open single ready to start again**

### **REPEAT**