

# Share The Carrot

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**Count:** 136

**Wall:** 4

**Level:** Phrased Advanced

**Choreographer:** Kirsten Matthiessen (DK) & Jannie Tofte Andersen (DK) Oct. 2015

**Music:** Runaway Baby by Bruno Mars. iTunes.

**Phrasing: A, B, A, B, A Restart, B**

**Intro: 16 counts from main beat (app. 6 seconds into track) (2+2 wall dance)**

**A SECTION - 64 counts**

**A[1-8] Rocking chair, Step  $\frac{1}{4}$  L x2**

- 1-4 Rock R fw, recover onto L, rock R back, recover onto L 12:00
- 5-6 Step R fw, turn  $\frac{1}{4}$  L stepping onto L 09:00
- 7-8 Step R fw, turn  $\frac{1}{4}$  L stepping onto L 06:00

**A[9-16] Jazz box cross, Kick ball cross, Step slide**

- 1-4 Cross R over L, step L back, step R to R side, cross L over R 06:00
- 5&6 Kick R fw diagonally R, step R next to L, cross L over R 06:00
- 7-8 Step R big step R, slide L towards R 06:00

**A[17-24] Ball jazz box  $\frac{1}{4}$  R, Kick x2, Behind side cross**

- &1-4 Step L next to R, cross R over L, step L back, turn  $\frac{1}{4}$  R stepping R to R side, cross L over R 09:00
- 5-6 Kick R fw diagonally R, repeat 09:00
- 7&8 Cross R behind L, step L to L side, cross R over L 09:00

**A[25-32] Kick x2, Behind side cross, Out out, hold, Hip bump x2**

- 1-2 Kick L fw diagonally L, repeat 09:00
- 3&4 Cross L behind R, step R to R side, cross L over R 09:00

**&5-6** Step R to R side, step L to L side, hold 09:00

**7-8** Bump hips R, bump hips L 09:00

### **A[33-40] Ball cross rock, Sweep, Sailor ½ L, Figure 4 full turn R**

**&1** Step R next to L, cross rock L over R 09:00

**2-3** Recover onto R sweeping L CCW 09:00

**4&5** Cross L behind R, turn ¼ L stepping R to R side, turn ¼ L crossing L slightly in front of R  
03:00

**6-8** Turn full turn R on your L foot while placing R foot next to L knee 03:00

### **A[41-48] Pony step back x4**

**1&2** Step R slightly back, step L next to R, step R slightly back 03:00

**3&4** Step L slightly back, step R next to L, step L slightly back 03:00

**5&6** Step R slightly back, step L next to R, step R slightly back 03:00

**7&8** Step L slightly back, step R next to L, step L slightly back

### **Restart here during 3rd A pattern, going straight into B pattern 03:00**

### **A[49-56] Out out, Twist x2, Swivel x2, Twist x2, hold**

**&1** Step R to R side, step L to L side 03:00

**2-3** Swivel both heels to R side, swivel both toes to R side 03:00

**4-5** Swivel R toes to L side, swivel R heel to L side 03:00

**6-8** Swivel both toes to L side, swivel both heels to L side, hold 03:00

### **A[57-64] Out out in in x2, Rocking chair**

**&1&2** Step R to R side, step L to L side, step R to centre, step L to centre 03:00

**&3&4** Step R to R side, step L to L side, step R to centre, step L to centre 03:00

**5-8** Rock R fw, recover onto L, rock R back, recover onto L 03:00

## **B SECTION (section starts facing 03:00) 72 counts**

### **B[1-8] Shuffle, Chasse box ½ R**

- 1&2** Step R fw, step L next to R, step R small step fw 03:00
- 3&4** Step L to L side, step R next to L, step L to L side 03:00
- 5&6** Turn ¼ R stepping R to R side, step L next to R, step R to R side 06:00
- 7&8** Turn ¼ stepping L to L side, step R next to L, step L to L side (body angled toward 07:30) 09:00

### **B[9-16] Back rock, Kick ball slide, Walk walk**

- 1-2** Rock R back (in your diagonal), recover onto L 10:30
- 3&4** Kick R fw, step down on R, step L a big step fw 10:30
- 5-6** Slide R toward L 10:30
- 7-8** Walk R, walk L 10:30

### **B[17-24] Cross swing kicks, Sailor x 2**

- 1-2** Keeping R leg bent at knee swing R in front of L (knee pointing L), swing R to R side (knee pointing R) 10:30
- 3-4** Swing R in front of L (knee pointing L), kick R to R side 10:30
- 5&6** Cross R behind L, step L to L side, step R to R side 10:30
- 7&8** Cross L behind R, step R to R side, step L to L side slightly fw (squaring up to 09:00) 09:00

### **B[25-32] Vine slide, Ball cross shuffle,**

- 1-2** Cross R behind L, step L to L side 09:00
- 3-4** Cross R over L, step L big step to L side 09:00
- 5-6** Slide R toward L 09:00
- &7&8** Step R next to L, cross L over R, step R small step to R side, cross L over R 09:00

### **B[33-40] Box $\frac{3}{4}$ L, Rock step $\frac{1}{4}$ R point**

- 1-2** Step R to R side pushing R hip slightly out, turn  $\frac{1}{4}$  L stepping L to L side pushing L hip slightly out 06:00
- 3-4** Turn  $\frac{1}{4}$  L stepping R to R side pushing R hip slightly out, turn  $\frac{1}{4}$  L stepping L to L side pushing L hip slightly out 12:00
- 5-6** Rock R fw, recover onto L 12:00
- 7-8** Turn  $\frac{1}{4}$  R stepping R to R side, point L to L side prepping body toward R 03:00

### **B[41-48] Rolling Vine x 2**

- 1-2** Turn  $\frac{1}{4}$  L stepping down on L, turn  $\frac{1}{2}$  L stepping R back 06:00
- 3-4** Turn  $\frac{1}{4}$  L stepping L to L side, point R to R side prepping body toward L 03:00
- 5-6** Turn  $\frac{1}{4}$  R stepping down on R, turn  $\frac{1}{2}$  R stepping L back 12:00
- 7-8** Turn  $\frac{1}{4}$  R stepping R to R side, scuff L fw 03:00

### **B[49-56] Jazzboxx cross, Out hold, Elvis knees**

- 1-2** Cross L over R, step R back 03:00
- 3-4** Step L to L side, cross R over L 03:00
- 5-6** Step L out, hold 03:00
- 7-8** Pop R knee in, return R knee while popping L knee in 03:00

### **B[57-64] $\frac{1}{4}$ L kick, Back rock, Rock step, Heel switches**

- 1-2** Turn  $\frac{1}{4}$  L on both feet (weight R), kick L fw 12:00
- 3&4** Rock L back (3), recover onto R (&), hold (4) 12:00
- 5-6** Rock L fw, recover onto R 12:00
- &7&8&** Step L next to R, put R heel fw, step R next to L, put L heel fw, step L next R 12:00

## **B[65-72] Step ¼ L, Cross, Point, Cross point, Side point, Sailor ¼ L heel**

- 1-2** Step R fw, turn ¼ L stepping onto L 09:00
- 3&4** Cross R over L (3), point L to L side (&), hold (4) 09:00
- 5-6** Point L over R, point L to L side 09:00
- 7&8&** Cross L behind R, turn ¼ L stepping R small step to R side, put L heel fw, step L next to R  
06:00

**Good luck & enjoy!**

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