

WELL CONNECTED

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Count: 32 **Wall:** 4 **Level:** Intermediate level

Choreographer: Anne Hewitt (Sept 07)

Music: In A Letter To You by Eddy Raven [178 bpm / Wild Eyed And Crazy]

Or Music: We Are Family by Sister Sledge [132 bpm / Party Animal]

RIGHT VINE KICK, LEFT VINE TOUCH

- 1-2 Step right to right side, cross left behind
- 3-4 Step right to right side, kick left across right
- 5-6 Step left to left side, cross right behind
- 7-8 Step left to left side, touch right next to left

RIGHT KICK BALL CHANGE, STEP DRAG, LEFT KICK BALL CHANGE, STEP DRAG

- 1&2 Kick right forward, step right beside left, step left in place
- 3-4 Step right to right side, drag left next to right (weight kept on right)
- 5&6 Kick left forward, step left beside right, step right in place
- 7-8 Step left to left side, drag right next to left (weight kept on left)

BACK TOE STRUTS TWICE, ROCK RECOVER, CROSS TOUCH

- 1-2 Touch right toe back, drop heel
- 3-4 Touch left toe back, drop heel
- 5-6 Rock back on to right, recover on to left
- 7-8 Cross right over left, touch left to left side

CROSS & STEP CROSS, DIP, ½ UP UNWIND, HIP BUMPS

- 1-2 Cross left over right, step right to right side
- &3-4 Step left next to right, step right to right side, cross left across right
- 5-6 Bend knees and dip with legs crossed, unwind ½ right and straighten legs (weight on left as you finish the unwind)

7&8 Bump hips left, right, left REPEAT

TAG: When danced to Eddy Raven In A Letter To You, use the following repeat and tag at the end of Wall 3 (When instrumental starts)

1-16 Repeat the first 16 counts only, Then continue with dance

End of wall 6 add this 4-count tag:

1-2 Step right to right side, touch left next to right

3-4 Step left to left side, touch right next to left

Optional: you can place hands, arms stretched on each others shoulders during the first 16 counts when using the Sister Sledge track EMail