

**Count:** 64

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Cathy Montgomery

**Music:** C'est La Vie by B\*Witched

## SYNCOPATED ROCK RIGHT FORWARD, SYNCOPATED ROCK LEFT BACK

**1&2** Rock right foot forward, recover onto left, step right foot forward

**3&4** Rock left foot back, recover onto right, step left foot back

**If any difficulty with above steps, teach as a forward coaster, and a back coaster**

## ROCK FORWARD RIGHT, BACK ON LEFT, ½ TURN SHUFFLE OVER RIGHT SHOULDER

**5-6** Rock right foot forward, recover onto left

**7&8** Turning shuffle turning ½ right stepping right, left, right

## SYNCOPATED ROCK LEFT FORWARD, SYNCOPATED ROCK RIGHT BACK

**1&2** Rock left foot forward, recover onto right, step left foot forward

**3&4** Rock right foot back, recover onto left, step right foot back

**If any difficulty with above steps, teach as a forward coaster, and a back coaster**

## ROCK FORWARD LEFT, BACK ON RIGHT, ¼ TURN SHUFFLE OVER LEFT SHOULDER

**5-6** Rock left foot forward, recover onto right

**7&8** Turning shuffle turning ¼ left stepping left, right, left

## POINT RIGHT TOE SIDE AND HOLD, POINT LEFT TOE SIDE AND HOLD

**1-2** Touch right toe to side, hold

**&3-4** Step right foot beside left, touch left toe to side, hold

## TOUCH RIGHT HEEL FORWARD, TOUCH LEFT HEEL FORWARD, TOUCH RIGHT TOE BACK AND HOLD

**&5** Step left foot beside right, touch right heel forward

**&6** Step right foot beside left, touch left heel forward

**&7-8** Step left foot beside right, touch right toe back, hold

## TOUCH LEFT HEEL FORWARD, AND HOLD, 3 SAILOR SHUFFLES STARTING ON LEFT

**&1-2** Step right foot beside left, touch left heel forward, hold

### **Clap optional on hold**

**3&4** Step left foot behind right, step right foot to side, step left foot beside right

**5&6** Step right foot behind left, step left foot to side, step right foot beside left

**7&8** Step left foot behind right, step right foot to side, step left foot beside right

### **STEP RIGHT SIDE HOLD, LEFT SAILOR, STEP RIGHT SIDE HOLD, LEFT SAILOR**

**&1-2** Step right foot to side, hold

**3&4** Step left foot behind right, step right foot to side, step left beside right

**5-6** Step right foot to side, hold

**7&8** Step left foot behind right, step right foot to side, step left beside right

### **SYNCOPATED VINE TO LEFT, WITH A RIGHT HEEL JACK**

**1** Step right foot in front of left

**&2** Step left foot beside right, step right foot behind left

**&3** Step left foot beside right, rock right foot in front of left

**&4** Recover onto left, touch right heel diagonally forward

### **SYNCOPATED VAUDEVILLE STEPS**

**&5** Step right foot beside left, step left foot over right

**&6** Step right foot back, touch left heel forward

**&7** Step left foot beside right, step right foot over left

**&8** Step left foot back, touch right heel forward

### **CROSS HOLD, AND CROSS, AND CROSS, AND HEEL BALL STEP, HEEL BALL STEP**

**&1-2** Step right foot beside left, step left foot over right, hold

**&3&4** Step right foot to side, cross step left foot over right, step right foot to side, cross step left foot over right

**5&6** Touch right heel diagonally forward, step right foot in place, step left foot over right

**7&8** Repeat 5&6

### **ROCK FORWARD RIGHT ½ TURN SHUFFLE, ROCK FORWARD LEFT COASTER IN PLACE**

**1-2** Rock right foot forward, recover onto left

- 3&4** Turning shuffle turning  $\frac{1}{2}$  right stepping right, left, right
- 5-6** Rock left foot forward, recover onto right foot
- 7&8** Step left foot back, step right foot beside left, step left foot forward

**REPEAT**

**RESTART**

**Restart after count 32 on wall 2**

**TAG**

**Danced after count 32 of wall 4**

- 1-4** Stomp right, stomp left, stomp right, stomp left

**ROGER RABBITS**

**These are sailors shuffles, completed with hopping motion starting on the right**

- &1&2** Hop on left foot, step right foot behind left, step left foot to side, step right foot beside left
- &3&4** Hop on right foot, step left foot behind right, step right foot to side, step left foot beside right
- &5&6** Hop on left foot, step right foot behind left, step left foot to side, step right foot beside left
- &7&8** Hop on right foot, step left foot behind right, step right foot to side, step left foot beside right

**If any difficulty with the above steps, replace with sailor shuffles**

**SYNCOPATED CROSS SHUFFLE  $\frac{1}{4}$  TURN, SYNCOPATED CROSS SHUFFLE, SYNCOPATED CROSS SHUFFLE  $\frac{1}{4}$  TURN, SYNCOPATED CROSS SHUFFLE IN PLACE**

- 1&2** Step right foot over left, turn  $\frac{1}{4}$  left and step left foot back, step right beside left
- 3&4** Step left foot over right, step right foot back, step left foot beside right
- &5&6** Step right foot over left, turn  $\frac{1}{4}$  left and step left foot back, step right foot beside left
- &7&8** Step left foot over right, step right foot back, step left beside right

- 1-16** Repeat Roger Rabbits, and cross shuffles

**Begin main part of dance again at count 1**

