

Rilassamento (□□□)

LINEDANCE.COM

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Anita Wittenberg (Jan 10)

Music: Rilassamento by Gianni Pavesi

□□

Step Forward 4x, 1 ¼ Turn R In Place

□□ 4□ , □ □ 1/4

1

LF Step forward □□□□

2

RF Step forward □□□□

3

LF Step forward □□□□

4

RF Step forward □□□□

5

LF ½ Turn R, step together (face 6.00)

□□ 180□□□□ (□□ 6□)

&

RF ½ Turn R, step together (face 12.00)

□□ 180□□□□ (□□ 12□)

6

LF ¼ Turn R, step together (face 3.00)

□□ 90□□□□ (□□ 3□□)

□□□

Step Backwards 3x, Step Together,

Step Forward, Cross Shuffle 1/2

Turn R □□□□ , □ , □ 1/2□□□□

1

RF Step backwards □□□□

2

LF Step backwards □□□□

&

RF Step backwards □□□□

3

LF Step together □□□□

4

RF Step forward □□□□

5

LF 1/4 Turn R, step left (face 6.00)

□□ 90□□□□ (□□ 6□□)

&

RF 1/4 Turn R, cross over (face 9.00)

□□ 90□□□□□□□□ (□□ 9□□)

6

LF step backwards □□□

□□

½ Turn R, 1 1/8 Turn R, Twinkle □□ , □□ **1 1/8**□ , □□

1

RF ½ Turn R, step forward □□ **180**□□□□

2

LF Touch together, start 1 1/8 turn R

□□□□ , □□ **1**□□ **45**□

3

End 1 1/8 turn R (face 4.30)

□ **2**□□□ , □□□□ **4:30**

4

LF Step forward □□□□

5

RF 1/8 Turn L, step right (face 3.00)

□□ **45**□□□□ (□□ **3**□□)

6

LF 1/8 Turn L, step forward (face 1.30)

□□ **45**□□□□ (□□ **1:30**)

□□

Step Forward, Battema, ½ Turn L, Step

Forward 4x

□ , □□ , 1/2, □□□

1

RF Step forward □□□

2

LF Lift leg backwards □□□□□□□□□□

3

LF Touch together, 1/2 turn L (face 7.30)

□□□□ , □□ 180° (□□ 7:30)

4

LF Step forward □□□

5

RF Step forward □□□

&

LF Step forward □□□

6

RF Step forward □□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Step Forward, 1 1/4 Pirouette L, Step Forward 2x, 1/2 Turn

R

mso-font-kerning:0pt">□ , □□□ 1 1/4,

mso-font-kerning:0pt">□ □□

mso-font-kerning:0pt">, □□

1

LF Step forward □□□□

2

RF 1 ¼ Turn L, hitch with knee open

□□ 1□ 1/4□□□□ (□□□ □)

3

End 1 ¼ turn L (face 4.30) □ 2□□□ , □□□□ 4:30

4

RF Step forward □□□□

5

LF Step forward □□□□

6

RF ½ Turn R, weight change (face 10.30)

□□ 180□□□□□□ (□□ 10:30)

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Hitch And Cross Over 2x,

mso-font-kerning:0pt">½ Turn L, 1/8

Turn R, Cross Shuffle ¼ Turn R

□□□□□ , □□ , □ 1/8, 1/4

mso-font-kerning:0pt">□□□□

1

LF Hitch and cross over 

2

RF Hitch and cross over 

3

LF 1/2 Turn L, weight change (face 4.30)

 180 ( 4:30)

4

RF Step forward 

5

LF 1/8 Turn R, step left (face 6.00)

 45 ( 6)

&

RF 1/4 Turn R, cross over (face 9.00)

 90

6

LF Step backwards 

mso-font-kerning:0pt">

mso-font-kerning:0pt">

mso-font-kerning:0pt">1/2 Turn R, 1

1/8 Turn R Lift L Leg, Step Backwards 2x, Touch Together

mso-font-kerning:0pt">

mso-font-ker... 1 1/8,

mso-font-ker... ,

1

RF 1/2 Turn R, step forward (face 3.00)

180 (3)

2

LF Start 1 1/8 Turn R, lift backwards bended

1 1/8

3

Ending 1 1/8 turn (face 4.30) 2 4:30

4

LF Step backwards

5

RF Step backwards

6

LF Touch together

mso-font-ker...>

mso-font-ker...>

mso-font-ker...>1/8 Turn L, Forward 2x, 1/2 Turn L, Step Forward, 1/4 Turn

L, Touch R, Step R, Touch Together 1/8

mso-font-ker...>, , 1/4

mso-font-ker...>, , ,

1

LF 1/8 Turn L, step forward (face 3.00)

□□ 45□□□□ (□□ 3□□)

2

RF Step forward □□□□

3

LF 1/2 Turn L, step forward (face 9.00)

□□ 180□□□□ (□□ 9□□)

4

RF 1/4 Turn L, step right (face 6.00)

□□ 90□□□□ (□□ 6□□)

5

RF Slide together □□□□

6

LF Touch together □□□□