

# Triple Dance

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**Count:** 96      **Wall:** 2      **Level:** Phrased Intermediate

**Choreographer:** Romain Brasme (FR) / Marlon RONKES (NL) May 2018

**Music:** Dance Dance Dance - Sharon DOORSON

**Seq: A-B-TAG1-A-B-B-A(32 COUNTS)-TAG2-B-B**

**PART A - 64 counts**

**[1-8] RF ROCKSTEP - RF SAILOR STEP W/  $\frac{3}{4}$  TURN R - STEP LOCK STEP X2**

**1-2RF rockstep on the R side : step R to R (1), come back on LF (2)**

**3&4RF sailor step with  $\frac{3}{4}$  turn R (09:00)**

**5&6LF step lock step : LF step forward (5), RF cross behind LF (&), LF step forward (6)**

**7&8RF step lock step : RF step forward (7), LF cross behind RF (&), RF step forward (8)**

**[9-16] TOUCH - FLICK W/  $\frac{1}{2}$  TURN - STEP LOCK STEP - STEP FORWARD - SPIRALE - STEP FORWARD - TOUCH W/  $\frac{1}{2}$  TURN**

**1-2LF touch forward (1), LF flick with  $\frac{1}{2}$  turn R (2) (03:00)**

**3&4LF step lock step : LF step forward (3), RF cross behind LF (&), LF step forward (4)**

**5-6RF step forward (5), make a full turn spirale w/ LF (6)**

**7-8LF step forward (7), RF touch next to LF with  $\frac{1}{2}$  turn L (8) (09:00)**

**[17-24] TOUCH - KICK W/  $\frac{1}{4}$  TURN R - COASTER STEP - TOUCH - KICK W/  $\frac{1}{4}$  TURN L - COASTER STEP**

**1-2RF touch next to LF (1), RF kick forward with  $\frac{1}{4}$  turn R (2)**

**3&4RF coaster step : RF step behind (3), together (&), RF step forward (4) (12:00)**

**5-6LF touch next to RF (5), LF kick forward with  $\frac{1}{4}$  turn L (6)**

**7&8LF coaster step : LF step behind (7), together (&), LF step forward (8) (09:00)**

**[25-32] ROCKSTEP - TOGETHER - ROCKSTEP - WALK, WALK, WALK - ½ TURN - OUT - OUT**

**1-2RF rockstep on the R side**

**&3-4RF next to LF (&), LF rockstep on the L side**

**5&6LF step forward (5), RF step forward (&), LF step forward (8)**

**7&8 1/2 turn L (7), RF step to the R (&), LF step to the L (8) (03:00)**

**[33-40] STEP - BEHIND - SIDE - CROSS - ROCK MAMBO - CROSS - STEP - CROSS SHUFFLE**

**1RF step to the side**

**2&3LF cross behind RF (2), RF step to the side (&), LF cross over RF (3)**

**&4RF rock mambo on the R side : step to the R (&), recover on L (4)**

**5-6RF cross over LF (5), LF step to the L side (6)**

**7&8RF cross shuffle to the L : RF cross over LF (7), LF step to the L side (&), RF cross over LF (8)**

**[41-48] STEP - ARMS MOVEMENTS - CHEST POP - STEP - ARMS MOVEMENTS - CHEST POP**

**1-2LF step to the L and place your R forearm on the L one : L elbow down - R elbow up (1), L elbow up, R elbow down (2)**

**3&4** Place your arms in front of your chest and RF next to LF (3), push your chest forward (&), come back (4)

**5-6LF step to the L and place your R forearm on the L one : L elbow down - R elbow up (5), L elbow up, R elbow down (6)**

**7&8** Place your arms in front of your chest and RF next to LF (7), push your chest forward (&), come back (8)

**[49-56] WALK - WALK - MAMBO BACK - WALK BACKWARD - WALK BACKWARD - MAMBO STEP FORWARD**

**1-2RF step forward (1), LF step forward (2)**

**3&4RF mambo back : RF rock mambo forward (3), recover on L (&), RF step behind (4)**

**5-6LF step behind (5), RF step behind (6)**

**7&8LF mambo back : LF rock mambo backward (7), recover on R (&), LF step forward (8)**

**[57-64] STEP - TOUCH - STEP - TOUCH - WALK X4 W/  $\frac{3}{4}$  TURN**

**1-2RF step to the side (1), LF touch next to RF (2)**

**3-4LF step to the side (3), RF touch next to LF (4)**

**5-8 Walk R,L,R,F with  $\frac{3}{4}$  turn R (12:00)**

**PART B - 32 counts**

**[1-8] TOUCH - TOGETHER - TOUCH - TOGETHER - TOUCH - TOGETHER + ARMS**

**MOVEMENTS**

**1&2RF touch to the R side and R arm reach up L diagonale (1), RF next to LF (&), LF touch to the L side and L arm reach up R diagonale (2)**

**&3-4LF next to RF (&), RF Touch to the R side and bring your R arm slowly up in diagonale L**

**5-8RF come slowly next to LF, bring your R arm back down**

**[9-16] STEP - TOUCH - STEP - TOUCH - STEP FORWARD R, L - KICK - OUT OUT**

**1-2RF step to the side (1), LF touch behind RF (2)**

**3-4LF step to the side (3), RF touch behind LF (4)**

**5-6RF step forward (5), LF step forward (6)**

**7&8RF kick forward (7), OUT, OUT**

**[17-24] HITCH X3 - SAILOR STEP - SAILOR STEP**

**1-4«DANCE, DANCE, DANCE» = L knee up, R knee up, L knee up**

**5&6LF sailor step**

## 7&8RF sailor step

**[25-32] ½ TURN - ½ TURN - ½ TURN - STEP - RF COME TO LF**

**1-4«DANCE, DANCE, DANCE» = LF step to the side with 1/2 turn L, RF step to the side with 1/2 turn L, LF step to the side with 1/2 turn L**

**5-8LF step to the side (5), RF come next to LF (06:00)**

### **TAG 1**

**[1-4] STEP - LF COME TO RF**

**1-4RF step to the R side (1), LF come next to RF and restart part A**

### **TAG 2 (16 counts)**

**[1-8] CLAP - CLAP - CLAP - SNAP - SHAKE**

**1-2** Clap your hands on thighs (1), clap your hands on hips (2)

**3-4** Clap your hands (3), snap your fingers (4)

**5-8** Shake your shoulders

**[9-16] STEP TO THE SIDE - TOUCH - STEP TO THE SIDE - TOUCH - WALK R, L, R, L S/ 3/4 TURN R**

**1-2RF step to the R side (1), LF touch next to RF (2)**

**3-4LF step to the L side (3), RF touch next to LF (4)**

**5-8** Walk R,L,R,L with 3/4 turn R