

SWEET NOTHINGS

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Count: 64

Wall: 4

Level: Beginner/Intermediate level

Choreographer: Paula Baker (Sept 07)

Music: Sweet Nothings by Dean Brothers (134 bpm)

Start dance on the word "ear" TOE/HEEL STRUTS, 2 FORWARD SHUFFLES (ANGLING BODY & FEET SLIGHTLY)

- 1 - 4** Right toe forward, drop heel, left toe forward, drop heel
- 5&6** Right shuffle forward, angling body & feet slightly on rt. diagonal (rt., left, rt.)
- 7&8** Left shuffle forward, angling body & feet slightly on left diagonal (left, rt., left)

ROCKING CHAIR, PIVOT 1/2 TURN, STEP, HOLD

- 1 - 4** Step right forward, recover on left, step right back, recover fwd. on left
- 5 - 8** Step forward on right, turn 1/2 left & step on left, step fwd. on right, Hold (wt. on rt.)

TOE/HEEL STRUTS, 2 FORWARD SHUFFLES (ANGLING BODY & FEET SLIGHTLY)

- 1 - 4** Left toe forward, drop heel, right toe forward, drop heel (6 o'clock)
- 5&6** Left shuffle forward, angling body & feet slightly on left diagonal (left, right, left)
- 7&8** Right shuffle forward, angling body & feet slightly on rt. diagonal (right, left, rt.)

ROCKING CHAIR, PIVOT 1/2 TURN, STEP, HOLD

- 1 - 4** Step left forward, recover on right, step left back, recover fwd. on right
- 5 - 8** Step forward on left, turn 1/2 right & step on right, step forward on left, Hold (wt. on left)

TOE/HELL STRUTS TO SIDE, SIDE ROCK, CROSSING SHUFFLE

- 1 - 4** Step right toe to right side, drop heel, cross left toe over, drop heel
- 5, 6** Rock right to right side, recover on left
- 7&8** Cross right over left, step left to left, cross right over left

TOE/HELL STRUTS TO SIDE, SIDE ROCK with 1/4 TURN, SHUFFLE

- 1 - 4** Step left toe to left side, drop heel, cross right toe over, drop heel
- 5, 6** Rock left to left side, recover on right making 1/4 turn right
- 7&8** Left shuffle forward (left, right, left) (3 o'clock)

RIGHT SHUFFLE FORWARD, 1/2 PIVOT RIGHT, LEFT SHUFFLE, 1/4 TURN LEFT

- 1&2** Right shuffle forward, (right, left, right)
- 3, 4** Step left forward, turn 1/2 right & step on right
- 5&6** Left shuffle forward (left, right, left)
- 7,8** Step right forward, turn 1/4 left & step on left (6 o'clock)

RIGHT SHUFFLE FORWARD, 1/2 PIVOT RIGHT, LEFT SHUFFLE, 1/4 TURN LEFT

- 1 - 8** Repeat above steps (new wall is at 9 o'clock) NO TAGS, NO RE-STARTS EMail